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One Dollar

CHAMBER HONOREES SHOW PASSION AND PERSISTENCE

By BARBARA DOLENSEK



Photos courtesy of THE CITY ISLAND CHAMBER OF COMMERCE

On Nov. 12, 2016, the Chamber of Commerce will honor those whose efforts have improved the quality of life on and off City Island, including David Carman (top left photo), Patty Attis (top right photo), and the leadership of the Bartow-Pell Mansion Museum (top photo, far right).

On Nov. 12, 2016, the City Island Chamber of Commerce will present awards at its annual dinner dance to a number of people and organizations that have contributed to the City Island community.

Dave Carman, who will celebrate the 40th anniversary of Carman's Service Station next year, was born and raised on City Island and is the fourth-generation member of the Carman family to live here. His ancestors include his great-grandfather Caleb Carman, who had served during the Civil War on the *Monitor* and was married to a Native American woman who was the bridge keeper for the original wooden City Island bridge. And Dave's two great-uncles were the stone masons who built the foundation for Stepping Stones Lighthouse.

Following in the footsteps of his grandfather and his father, Dave began to work on cars at a young age and helped at the family's service station at the corner of Winters Street and City Island Avenue. He graduated from P.S. 17 and then from Christopher Columbus High School before enlisting in the United States Navy.

In 1977, after his father retired, Dave and his wife, Betty, purchased the gasoline service station from Texaco; in 1998 the Carmans removed the gasoline tanks, and the station became an auto repair shop only. That makes David the third generation of automobile mechanics in the family: his grandfather Charles; his father, Charlie; and himself, though the legacy will end when Dave retires, which may be next year. Over the years Dave has seen many changes in the automobile industry and acknowledges that "we are now in the age of electronics, computers and many sophisticated components."

Patty Attis, director of the PSS Senior Center, which is open every weekday in the Grace Church Hall, grew up in Throgs Neck looking at City Island from across the water. In 1978, she left New York to travel across the United States teaching bible fellowships in South Carolina, Illinois and then Colorado, where she lived for almost 25 years. During that time, she also assisted the local pastor and played piano when the congregation gathered. When she returned

to New York in 2007 to care for her elderly mother, Patty knew just where she wanted to live. She is proud to call City Island home and loves the small-town community atmosphere here.

She began working part time for PSS (Presbyterian Senior Services) when it was still a nutrition program located downstairs at Pilot Cove Manor. In July 2013, the program relocated to Grace Church Hall, and Patty was named director of the PSS City Island Senior Center because of her vision and desire to see innovative programming for members. One of her initial goals was to obtain a new van for the members. She was told it couldn't be done, but she persisted until she got the van in June 2015. When Patty became aware of the number of adults who serve as caregivers, she brought the Circle of Care program to City Island with the cooperation of the City Island Library, which has also allowed the Senior Center to utilize a room for a program called "The Matter of Balance."

One of Patty's passions is to change the ideas that many people in their 60s have about senior centers. She challenges those who think "I'm not ready for that" to try out the early morning exercises or the free flu shots and painting classes. Besides the variety of exercise and other programs offered to members, the doors are open to those who need assistance for anything from inserting batteries into hearing aids to re-certifications for referrals to other agencies or help in obtaining physical or mental support.

In planning special events Patty supports local businesses whenever possible, and she has utilized the City Island Land Ferry for trips. The IGA provides the Center's daily meals, and PSS pays rent to help support Grace Church. Of the 16 regularly scheduled programs, 15 are conducted by local residents.

Janie Blanks, a resident of City Island since 2003, currently works in White Plains as a real estate associate broker. She is a member of real estate associations in the Bronx and Westchester County, as well as New York State and National Realtors associations. Before beginning her career in



real estate, Janie worked for 25 years in the information technology field for corporate financial firms, the city of New York, and a school system. She is also an Army veteran.

After moving to City Island, Janie decided to try her talents in other areas, and she attended classes at the New York Bo-

tanical Garden and acquired a certificate in horticulture therapy. She has volunteered for multiple organizations using these skills; she has also volunteered for the City Island Civic Association for over eight years and for which she now serves as recording secretary.

Continued on page 3

Trees for Our Future

by BARBARA DOLENSEK



Photos by KAREN NANI

On Friday, Oct. 14, about 2,000 trees were planted in Pelham Bay Park near the City Island Circle by volunteers from Madison Square Garden, Price Waterhouse Coopers (PwC) and the New York Knicks (see photos above of workers preparing the trees for planting). PwC also adopted a bench in the park near the Orchard Beach entrance to commemorate their partnership with the Parks Department.

Volunteers are needed to help plant more trees, this time in the forest near Rodman's Neck on Nov. 19, following up on the planting event that took place on Oct. 14-16. Volunteers will be

trained in proper planting techniques and should be dressed in sturdy boots or shoes, long pants and clothing that can get dirty. Space is limited and registration is required for this event, which will take place near Rodman's Neck between 9 a.m. and 1 p.m. Register by going to www.nycgovparks.org/reg/stewardship/2382.

Trees provide many benefits to New Yorkers, such as improved air and water quality, reduced pollution and lower energy costs, and these young trees, all native species, will help replace the invasive vines and unwanted species that were recently removed from the areas around the City Island circle.

BRIEFLY...

ELECTION DAY AND P.S. 175 BAKE SALE FUNDRAISER:

Tuesday, Nov. 8, from 6 a.m. to 9 p.m. (the sale will close at 8 p.m.). Fun, food, prizes and baked goods will be available at the sale, which is sponsored by the Parents Association. Vote in the historic presidential election and support the City Island School at the same time. Voting is in the school gym at 200 City Island Avenue. You can see a sample ballot at the NYC Board of Elections website at www.vote.nyc.ny.us or call 1-866-VOTE-NYC (866-868-3692) with any questions.

WHO WERE THE SIWANOYS? For hundreds of years, tradition has held that Siwanoy Native Americans signed a deed with Thomas Pell in 1654 selling him the lands that later became Pelham, including City Island. After years of serious study, Pelham Town Historian Blake A. Bell has concluded that there were no Native Americans known as Siwanoy. If he is correct, then who were the Native Americans who lived here? He will speak on the subject on Tuesday, Nov. 8, at 1:30 p.m., at The Manor Club, 1023 Esplanade in Pelham. This program is free and all are invited to attend.

2016 HOLIDAY BOUTIQUE at the Manor Club, 1023 Esplanade in Pelham, will take place from Friday, Nov. 4, through Sunday, Nov. 6, offering three days of holiday shopping: jewelry, housewares, clothing, gift items and much more. The hours are 10 a.m. to 6 p.m. on Friday and Saturday, and 11 a.m. to 5 p.m. on Sunday.

“SWEENEY TODD, THE DEMON BARBER OF FLEET STREET” by Stephen Sondheim will be presented by the City Island Theater Group at Grace Hall, 116 City Island Avenue at Pilot Street, on three weekends in November: Friday and Saturday, Nov. 4 and 5, at 8 p.m., Sunday, Nov. 6, at 3 p.m. Friday and Saturday, Nov. 11 and 12, at 8 p.m., Sunday, Nov. 13, at 3 p.m.; and Friday and Saturday, Nov. 18 and 19, at 8 p.m. and Sunday, Nov. 20, at 3 p.m. To reserve tickets, please call 718-885-3066 or e-mail tickets@cityislandtheatergroup.com. Tickets may also be purchased online by visiting www.cityislandtheatergroup.com. Donations of new, packaged, disposable men’s and women’s razors will be collected at the door for our brave men and women in the military (see “Sweeney Todd” on page 9).



Photo by MARY McINTYRE

Sweeney Todd (Brian J. Alvarado) and Mrs. Lovett (Katie McAllister) getting ready to perform their mischief in the City Island Theater Group’s production of “Sweeney Todd: The Demon Barber of Fleet Street,” which will be presented over three weekends in November at Grace Hall, 116 City Island Avenue, at Pilot Street. See Briefly (this page) for details.

45 BLOTTER

Complaints reported from City Island to the 45th Precinct during September and October 2016. Unfounded complaints are not included in the list.

- 1 – ASSAULT
- 1 – GRAND LARCENY
- 1 – BURGLARY
- 1 – GRAFFITI
- 1 – MISSING PROPERTY

Police provided details on the following arrests and incidents for the period from Sept. 21 to Oct. 17, 2016.

9/25 – On Minneford Avenue, at 3:05 a.m., an Island male, 49, reported that he

was punched, kicked and pushed to the floor, suffering injury to his forehead, by a male off-Islander. The perpetrator, 37, was arrested for assault on Sept. 30.

10/2 – An Island female, 66, reported that, at midnight, an unknown perpetrator had damaged her garage door and may have removed property. The incidence of burglary is still under investigation.

10/3 – At noon, an Island male, 81, reported an act of grand larceny when five withdrawals were made from his bank account without his authority. The matter is still under investigation by the detective squad.

10/14 – Graffiti on the water sampling station on City Island Avenue was reported at 5:40 p.m.

10/14 – A male off-Islander, 45, reported that he had lost his wallet in a commercial establishment on City Island Avenue.

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Chamber Awards

Continued from page 1



Janie Blanks

retary; she has also volunteered for several organizations on the Island, fundraising and participating in many other local causes. Over the years she has assisted in gardening tasks and taken part in clean-up days on City Island and on the Hutchinson River. Janie has also visited City Hall, press conferences and other venues to fight for causes that concern City Island.

She realizes that there is no other place she would rather be than on City Island, whose unique character, nautical charm and seaside feel make her feel right at home.

Alison McKay, the new executive director at the Bartow-Pell Mansion Museum, will be accepting her award on behalf of Bartow-Pell, which is located in Pelham Bay Park, a short hop from City Island. Bartow-Pell history began in 1654 when Thomas Pell, an English doctor from Connecticut, bought the land from the Native Americans as part of a nearly 50,000-acre tract (which also included City Island). Four generations of the Pell family lived in a home on the property until it burned during the American Revolution. The estate was purchased in 1836 by Robert Bartow, a businessman and Pell descendant, who built the Greek-revival mansion and moved into the house with his wife and children in 1842. The house remained in the Bartow family until 1888 when the estate, along with much of what is now Pelham Bay Park, was purchased by the City of Bronx, which was consolidated into

New York City in 1898.

For more than 25 years the buildings and gardens deteriorated, but in 1914, the International Garden Club was formed to promote horticultural knowledge and to save the Bartow-Pell mansion. Funds were raised to rehabilitate the house and plant formal gardens, one of the earliest restorations in the country, predating that of Monticello in 1923. Of more than a dozen architecturally important houses over-looking Long Island Sound, Bartow-Pell is the only one to survive. The mansion officially opened as a museum in 1946 and was listed on the National Register of Historic Places in the 1970s. Both the interior of the mansion and the site have been designated as NYC Landmarks. The house and grounds are owned by the City of New York and operated by the Bartow-Pell Conservancy, whose mission is to protect, preserve and restore the site's architecture, landscape and collection; to interpret the site's history in compelling and innovative ways; and to create dynamic education programs for schools, adults and families.

Alison herself came from the Bayside Historical Society in Bayside, Queens, where she had worked since 2005, first as archivist, then curator, then executive director. Before that she was a fine art dealer and appraiser specializing in 19th-century European and American paintings, watercolors, and drawings.

Greystone Development Corp., which has built 43 new condominiums called On the Sound, at the east end of Fordham Street and along Fordham Place, is also receiving a certificate of appreciation from the Chamber for the high quality of the development.

Special recognition will be given at the dinner dance to new businesses on City Island, including Scavello's on the Island, Island Cuts, Island Yogurt, 239 Play! (in the old Trader John's store), Hilary Chernin, Esq., and Z. I. Sanchez of Turtle Cove-Park Place Café. Skip Giacco, president of the Chamber, is pleased with this large number of new businesses and believes this is a very good sign of City Island's success in attracting business as well as residents.

Those who have not yet purchased their tickets or made a reservation to attend the dinner and join in celebrating these worthy award recipients are urged to call 718-885-9100.

CI Tradition: Blessing of the Animals

By VIRGINIA DANNEGGER



Photos by VIRGINIA DANNEGGER and MAURA MANDRANO

Deacon Bill Mueller, who began the tradition of blessing the animals on City Island, led the 2016 "prayers for paws" in St. Mary's schoolyard on Oct. 2.

On Sunday, Oct. 2, 2016, Deacon Bill Mueller presided at the Blessing of the Animals in St. Mary, Star of the Sea schoolyard. Islanders brought their cherished pets to the service of prayers and blessings in honor of St. Francis of Assisi.

Deacon Mueller decided to start this tradition at St. Mary's over 30 years ago after attending an animal blessing service at another parish. "Animals play an important role in human existence," he says. "They help us with work, transportation and provide companionship. They are given to us by God and it is fitting that they receive a special blessing."

St. Francis of Assisi had a special love

of all creation and was a friend and protector of animals. Legend has it that flocks of birds would gather around him as he preached and listen intently. He once tamed a wild wolf that was terrorizing people in a nearby village. The Franciscan friar is also credited with creating the first Nativity Scene, when he decided to re-create the stable of Bethlehem inside a church using real animals.

Because of his reputation, St. Francis has become the patron saint of animals and the environment. His feast day is Oct. 4, and many churches, including City Island's own Grace Church in years past, commemorate his life and teachings with special services where animals are blessed.

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Photo courtesy of THE DEPARTMENT OF TRANSPORTATION

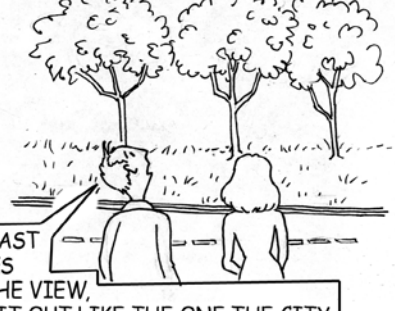


The contractor for the City Island Bridge recently completed filling all the drilled shafts for the new east abutment. The remaining shafts on the north side retaining wall are being completed, and structural components are being installed to provide a water-tight seal within the enclosed area of sheeting in preparation for forming the body of the new east abutment. The Department of Transportation has not yet released the date by which the bridge will be finished.

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<p>I WANT TO GO TO A GOOD HOME, BUT I'M NOT GOING TO ACT ALL DESPERATE. HEY...WAIT A MINUTE! ARE YOU WEARING COLOGNE?</p> <p>IT'S CINNAMON SPICE. TOO MUCH?</p> <p>WELL, AT LEAST THESE TREES ENHANCE THE VIEW, NOT BLOCK IT OUT LIKE THE ONE THE CITY PLANTED BY MY HOUSE.</p>		<p>DEACON, WE'RE THE SHORE ROAD CIRCLE TURKEYS. WE NEED AN EXTRA-POWERFUL BLESSING FOR US AND OUR KIN TO GET US THROUGH THE NEXT MONTH.</p> 	<p>I REMEMBER MY YEARS WORKING AS A SECRETARY FOR MINNEFORD'S AND HILD'S FONDLY. THIS IS THE KIND OF COMPUTER I USED BACK IN THOSE DAYS.</p> <p>PRINT DELETE</p> 



We welcome letters and opinions. Letters longer than 250 words will be edited, with every effort made to preserve their substance. We reserve the right not to print letters that are copies, libelous, inaccurate or in bad taste, or those that cannot be verified. Include your phone number. Anonymous letters will not be printed, but names will be withheld upon request.



Fighting Type-1 Diabetes

To the Editor,
I am writing to thank you for the article on KEE in the October issue of *The Current*, but I also want to share a more personal story with your readers. Listening to the news has to be one of the most depressing parts of my day, what with tragic accidents, police and mass shootings, unethical corporate banking and more, but today was a little different! Today, my family and I got some good news.

Many of you know that my son, Kurt (see photos above), has type-1 diabetes. While battling type 1, he also lives daily with celiac disease, esophagus esophagitis, as well as food allergies to gluten, peanuts, eggs, soy and tree nuts! My wife, Jackie, or the school nurse must test his blood sugar 8 to 10 times per day and then he must calculate the amount of insulin to administer to himself and to determine the amount of carbohydrates he may eat. This is a major burden for anyone, never mind a 10-year-old!

I am glad to announce, if you didn't see the news report, there is finally a FDA-approved bionic pancreas, a small but amazing piece of modern technology that is a game changer in the life of people with type 1 diabetes. The bionic

pancreas, officially the Medtronic MiniMed 670G "artificial pancreas" system, continually monitors the blood sugar levels and then administers the proper amount of insulin needed.

Kurt and our family are very excited even though the bionic pancreas will not be available until the spring of 2017 and can only be used by those age 14 and over. However, the news still leaves us with great enthusiasm and hope. Until now it was all experimental! This is proof that the awareness generated and monies donated to fund this research are leading us in a great direction.

Although Kurt's daily routine is far from normal, Jackie and I certainly attempt to convince him that this is "his" normal and will be for the rest of his life. Although he usually handles the whole situation like a super hero, at times he struggles like any other human being being staring adversity in the eyes.

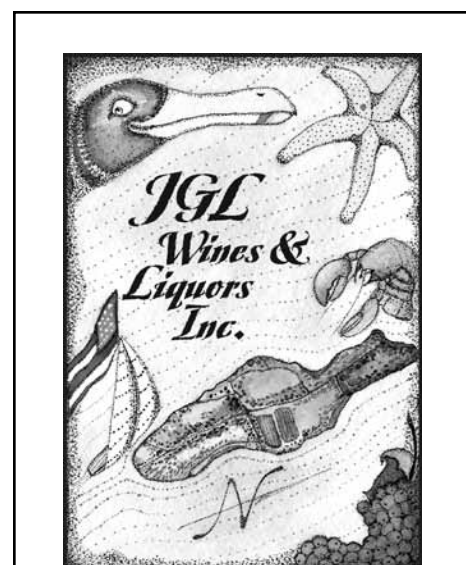
With our love and support, I hope he realizes there is nothing he cannot achieve and there are no limitations to his success. As his father, I have vowed unwavering devotion to whatever it takes to assist him on his journey. So I am asking you as my family, friends and associates to please help me raise awareness and financial support for the JDRF (Juvenile Diabetes Research Foundation), a cause I hold very close to my heart.

Kurt Ebinger

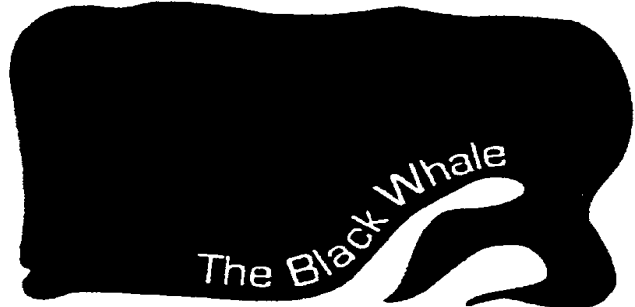
Make Theater History

To the Editor,
Theater on City Island has a long and rich history, and the Nautical Museum is in possession of many programs, flyers, newspaper articles and photographs related to theater. I have taken on the challenge of developing a permanent exhibit at the museum portraying this history. I am asking everyone who has items related to theater on City Island and who is willing to donate them to the museum to please contact me at mary-atmc@gmail.com or to call me at 914-709-0984. Thank you.

Mary McIntyre



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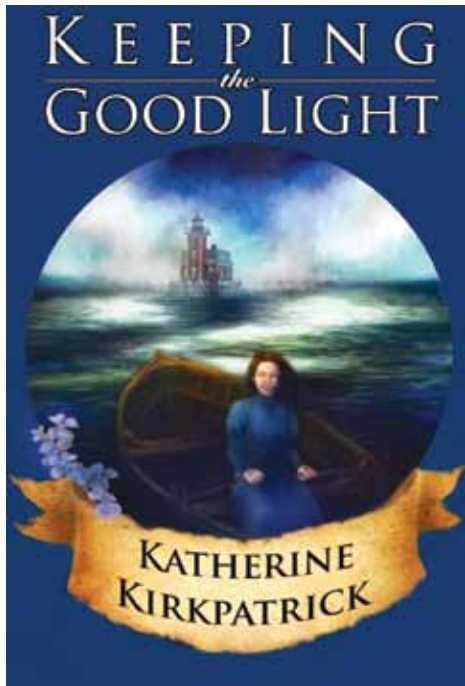
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Reflections on My Stepping Stones Lighthouse

By KATHERINE KIRKPATRICK



Throughout the 17 years since I left City Island to marry and move to Seattle, I've always retained my membership in the City Island Nautical Museum. About a year ago, I received the fabulous news that the museum is joining with the Great Neck Historical Society on Long Island in a project to renovate Stepping Stones lighthouse. Recently, a more detailed, sobering version of the story came to my attention: Should the historical society fall short of its \$4 million goal, the U.S. Coast Guard will almost certainly replace this charming, red brick 19th-century building with a navigational beacon mounted on steel poles.

Ravaged by a century and a half of salty seas and severe weather, Stepping Stones developed a hole in its roof and another hole in its foundation. In the 1870s, the Lighthouse Service, a government agency predating the Coast Guard, constructed the lighthouse on top of 900 tons of boulders that had been moved to the location to act as a foundation; a circle of riprap was created and leveled. The light was first illuminated on the evening of March 1, 1877, with an oil-fired mantle within a Fresnel lens. Now, in its current state of disrepair, restoration of the lighthouse is labor-intensive, difficult and dangerous work, demanding specialized contractors. Engineers who completed a recent underwater survey have identified places where pilings for a dock will be put down. Once a dock exists and

more funds become available, building materials can be delivered and the renovation can begin. But will the funds come in?

There is hope. The town of North Hempstead, the Great Neck Park District and the Great Neck Historical Society have joined in a public-private partnership. They have had some success, garnering \$265,000 in promised grants from New York State and the National Park Service. But this is a gargantuan, expensive venture in an age of dwindling funds for worthy projects and causes. We must all do what we can to help.

There are many reasons to save Stepping Stones lighthouse. It is an iconic symbol, familiar to many in the greater New York City region. It's an important architectural landmark listed on the National Register of Historic Places. It was the very last lighthouse built on Long Island Sound in the 19th-century brick-and-stone, Victorian Second Empire style; by the 1880s, the Lighthouse Board opted for the more economical conical beacon created from prefabricated, cast-iron parts. As every boater on City Island knows, the lighthouse serves as a very real aid for navigating a treacherous, rocky area near a shipping lane where the currents run fast. Preserving the lighthouse promises opportunities for tourism. And students can learn about history in an exciting, non-textbook way. Researchers could use the lighthouse as a base for monitoring water quality, studying aquatic animals and plants and observing migration patterns.

My own reasons for wanting to save Stepping Stones relate to preserving the character and, I venture to say, the well-being of the City Island community. Like many of you, I have a fondness for historic buildings. Special places such as Stepping Stones not only define the community but they also bring people together. Stepping Stones for me, more than any other building or landmark, evokes City Island's spirit.

I moved to City Island from Manhattan on a whim in my mid 20s. A writer friend, Jane Mylum Gardner, invited me to become one of her housemates at 150 Marine Street. The house, a former telegraph station that contained a glass-paneled rectangular chamber reached by an upright ladder and trap door, charmed me, as did the Island itself. I've always felt that City Island possesses a certain magic. There's a feeling you get, when listening to the symphony of halyards chiming against the masts of sailboats or the eerie sound of wind blowing through the rigging,



Photos by HOWARD KROPLICK and courtesy of KATHERINE KIRKPATRICK

Katherine Kirkpatrick, who wrote "Keeping the Good Light" in 1995 (cover photo, far left), supports the efforts of the City Island Nautical Museum and the Great Neck Historical Society to renovate Stepping Stones lighthouse, which is in serious disrepair (photos above).

that it's possible to slip back in time 100 years or more. And if you sail from the Island in the dark of night toward a red brick Victorian lighthouse, its green light flashing through the cold mist, you may see the eternal visage of a ghostly man peering through the glass windows of his tower. He watches over you to prevent your vessel from crashing on the jagged, partially submerged shoal of the "stepping stones." Magic, indeed.

The presence of not one but two working lighthouses flanking City Island adds distinction to the island's nautical ambiance. Stepping Stones quickly became my favorite because of its picturesque architecture. Every morning while I waited for the express bus that took me to my book publishing job in Manhattan, I gazed out over the water, a mile away, at Stepping Stones lighthouse. The sight of the lonely place never ceased to fascinate me. Like many people who enjoy lighthouses, I am drawn to the romantic notion of living in a house surrounded by water. From the vantage point where I often stood, near the terminus of City Island Avenue, Stepping Stones appears in Long Island Sound as a small, square building atop a round platform. At that distance, the features of the lighthouse's handsome rectangular tower and mansard roof are just barely visible.

Sometimes when City Island friends took me out on their sailboats or motorboats, we circled around the lighthouse. Then I could make out certain details such as the square balcony near the top of the tower, the bright green automated lantern, the tall windows (bricked in to prevent vandalism) and the mount on which a large bell had once hung. Whenever I crossed the Throggs Neck Bridge to go to Long Island to visit my parents, I'd enjoy yet another view of the lighthouse, one from above. From that high, arching suspension bridge, the lighthouse resembles a tiny antique dollhouse, surrounded by deep blue water on all sides.

Like many City Islanders, I came to regard Stepping Stones as "our" lighthouse (never mind that all maps and charts indicate that it belongs to Great Neck). Eventually I wrote a novel set there. Called "Keeping the Good Light" and intended for a young adult readership, the novel takes place in 1903, during the heyday of City Island yacht building and sail making. My friend the late Skippy Lane, a retired captain of oil tankers, helped me research the book and provided many interesting anecdotes. The shipwreck incident in the book came directly from an experience Skippy had as a boy on City Island. Another plot choice, the idea of putting messages in bottles and casting them out to sea, came from Skippy's pastime of releasing such messages. Sometimes he'd sign his friends' names with their addresses as a joke.

Delacorte Press published "Keeping the Good Light" in the fall of 1995. The cover illustration by Kam Mak shows my main character, 16-year-old Eliza, in a long vintage dress, seated in a rowboat (Skippy's) with an accurate representation of Stepping Stones lighthouse in the background. Skippy quickly pointed out when he saw the cover image that anyone just sitting in a craft like that, hands crossed on her lap, not holding the oars, would quickly be blown back out to sea. Mary Cash, the book's editor, replied, "She's so pretty it doesn't matter what she's doing."



Sara (Sally) McPherson and Barbara Dolensek of *The Island Current* reproduced the book cover in its exact size—5 1/2 by 8 1/4 inches—on the front page in 1995. As a result of this phenomenal publicity, my book signing party at the City Island Nautical Museum (where Skippy's boat in now on display) was extremely well attended.

Writing the book brought me, at least on City Island, the greatest celebrity I will probably ever enjoy. "She's the one who wrote the book," I'd hear people say. Occasionally, if I visit the Island, someone will make the same remark even now. Always it is "the book," although by now I've published eight. For the clam diggers it obviously remains a matter of great importance that "the book" features "our lighthouse." The late Bronx historian John McNamara told me he had been reading the novel at JP's Restaurant and a passerby offered to buy his copy on the spot.

Those were fun times, times of sharing and community. For my 30th birthday party, my sister made a cake with a model of a lighthouse on top. The former telegraph station on Marine Street filled to overflowing with visitors of all ages and backgrounds come to celebrate my birthday. Old, heavyset Skippy, known to be a little rough around the edges, entertained my friends from Manhattan with his lively storytelling, replete with occasional swearwords.

Skippy regarded the publication of "Keeping the Good Light" as a highlight of his later years. He called it "our book" and proudly gave an autographed copy to his friend and next-door neighbor on Horton Street, Oliver Sacks. To my surprise and delight, I received an autographed copy of one of Dr. Sacks's own books in return. On the title page of a British paperback edition of "Awakenings," its pages now a bit yellowed, is inscribed: "For Katherine / (I loved your book!) / With best wishes, / Oliver Sacks / City Island / Xmas 1996."

Now, a quarter of a century after I first became acquainted with Stepping Stones lighthouse, I love it just as passionately as I ever did. Perhaps even more, because my feelings about the place combine with a sense of remembrance and of longing for City Islanders I knew who are now dead. Others Island friends have, like me, scattered around the country. We won't ever live together on that mile-and-a-half-long island again. I also find myself reacting to further commercial development that has taken place and missing the way the Island used to look. But whenever I visit the island or drive across the Throggs Neck Bridge, there is Stepping Stones lighthouse, rising as ever on a shoal in Long Island Sound. The lighthouse serves as a visual, tangible reminder to me of a time in my life that remains very dear to me.

In my recent conversations with Alice Kasten at the Great Neck Historical Society, I've learned that the society is now conducting boat tours for people to see the lighthouse from the outside. I can't wait to go on one of the tours next summer. I've also decided it's an apt time to put "Keeping the Good Light" back into print. A new Kindle version is available on *Amazon.com*, and a print-on-demand paperback edition will be available in early December. I do not have the rights to use the Delacorte cover for new editions, so I commissioned a new one. (Note that the girl in the vessel is now actually rowing.) Victoria Yeh, the talented new cover artist, created the cover when she was only 17.

Half of the net proceeds from the new editions of "Keeping the Good Light" will go to the Great Neck Historical Society for the lighthouse renovation. I'm honored and grateful to help preserve this good lighthouse.

This article was adapted from a blog post on <http://katherinekirkpatrick.com/>. To donate to the Stepping Stones lighthouse renovation, please contact the Great Neck Historical Society at <http://www.steppingstoneslight.com/donate>. A few copies of the original edition of "Keeping the Good Light" are available at the City Island Nautical Museum.



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Photo courtesy of STARVING ARTIST

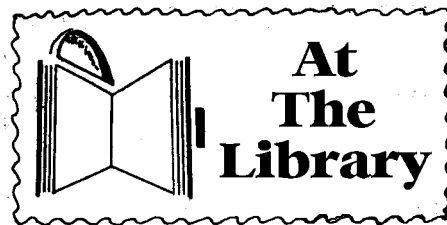
On Oct. 1, City Island's Hannah Glick (now a theater major at the Borough of Manhattan Community College) gathered her "friends" for an evening of Broadway. The night, which included selections from Broadway shows, featured City Island's Maurice Richard (from the Black Whale), and Monica and Elliott Glick, as well as Thomas Losito, Yancy Perez and Marc Raco, with Heather Edwards as music director. Watch for a Dec. 10 holiday show with similar voices.



Focal Point Gallery (321 City Island Avenue) will open its annual artist's choice holiday show on Dec. 2 with an opening reception from 7 to 10 p.m. The exhibition will remain open until Dec. 31. Artists who wish to be represented in the show are asked to pay a \$20 hanging fee and 30 percent if the art work is sold. All work must be ready for hanging. For more information call 718-885-1403.

During November at the Starving Artist (249 City Island Avenue), we give thanks for great music "on the menu." Shows include some blues (Bennett Harris, Saturday, Nov. 19, 8 p.m.), our Second Sunday Jazz Residency with the Nagi Okamoto Duo (Sunday, Nov. 13, 3 p.m.), our first Friday residency

with City Island's Papa Guyo Guyocious (Friday, Nov. 4, 8 p.m.), and singer songwriters, including Fawn Segerson (Saturday, Nov. 5, 8 p.m.). For the full schedule, visit www.StarvingArtistOnline.com.



PROGRAMS AT THE CITY ISLAND LIBRARY
718-885-1703

Our hours are: Monday and Thursday, 11 a.m. to 7 p.m., Tuesday and Wednesday, 11 a.m. to 6 p.m., Friday and Saturday, 10 a.m. to 5 p.m.

NOVEMBER CHILDREN'S PROGRAMS

Programs in a Box: 5 Senses: A fam-

ily program designed for preschool children and their caregivers, that includes a hands-on exploration of the five senses: hearing, touch, smell, taste and sight. For children ages 3 through 5. The workshop series is free, but space is limited. Nov. 1, 8 and 15 at 3:30 p.m.

Bilingual Birdies: Fall is our favorite time of year to teach about the changing colors of the leaves, emotions, as well as the sun, moon, and stars! Families will enjoy learning new vocabulary through live music and movement. Ages newborn to 6. Monday, Nov. 7, 11 a.m.

Lego League: Bring your imagination and join us for fun with Legos! Blocks of various sizes will be provided. Children must be accompanied by an adult. Ages 5 through 11. A limit of 10 children with their caregivers. Every Thursday from 3 to 4 p.m.

Circle Time: Children from birth to 3 years old and their caregivers can enjoy stories, songs, and finger plays while spending time with other toddlers. Limit of 15 children with their caregivers. Every Tuesday from 11 to 11:45 a.m.

Read & Play: Children from birth to 3 years old and caregivers can take part in wonderful stories, discover amazing toys and meet new friends in this fun, informal program. Limit of 15 children with their caregivers. Every Friday from 11 to 11:30 a.m.

It's Bin Fun!: Toddlers and preschoolers can play and explore our various sensory bins that will encourage curiosity through touch, sight and sound! Parent and child participation required. Ages 2 through 4. Saturday, Nov. 12 and 19, from 10 a.m. to 12 noon.

Craft-A-Way: Drop in and participate in creating projects related to a theme or holiday. Ages 2 through 5. Friday, Nov. 18, at 11:30 a.m.

NOVEMBER TEEN AND TWEEN PROGRAMS

After-School Lounge: Come to the library after school for studying and a chance to unwind. Monday through Thursday from 3 to 5 p.m.

Friday Afternoon Activities: at 3 p.m. Nov. 4: Wii and Board Games; Nov. 18: Wii and Board Games; Nov. 25: Make Your Own Parachord.

NOVEMBER ADULT PROGRAMS

Hart Island Presentation: Saturday,

Nov. 12, from 3:30 to 4:30 p.m.

Cinematic Countdown to the Election: Come and view some great classics in observance of the 2016 Presidential Election. 12 noon. Nov. 2: "Medium Cool"; Nov. 3: "Wag the Dog"; Nov. 4: "Mr. Smith Goes to Washington."

NEW! The City Island Scrabble Club: If you're looking for some friendly competition, then join our new Scrabble Club! Come in and flex your vocabulary muscles. You may even learn a thing or two while you're making some new friends. Note: Limited to 12 participants, so registration is required. Call 718-885-1703 or stop by the branch to reserve your spot! Thursday, Nov. 17, at 1 p.m.

Writers' Workshop: This group is for people who want to enhance their creative skills while learning the fundamentals of writing. Each month, we pick a theme and let our imaginations soar! The first Thursday of the month will be conducted in a group setting. The remaining Thursdays will be workshops intended to guide you in your writing process. Led by Gail Hitt. Thursdays from 5 to 6:30 p.m.

The Island Writers: This is a group for all who are interested in writing professionally or personally. Come check us out! Every Tuesday at 1 p.m.

Intro to Computers: Come to the library, ask questions about how to use computers and sharpen your skills through computer use. "How do I turn the computer on?" "How do I set up my own e-mail account and e-mail family and friends?" Every Tuesday from 10 a.m. to 12 noon.

Résumé Workshop: Designed to assist in creating a new or updated resume. Topics include cover letters and resources for job opportunities. A flash drive is required. Every Wednesday from 10 a.m. to 12 noon.

One-on-One: Computer Training: Stop by or call to make an appointment for one hour of instruction that focuses on your questions and interests.

Saturday Afternoon Movies: at 1 p.m. Nov. 5: "Man of the Year"; Nov. 12: "Whiskey Tango Foxtrot"; Nov. 19: "Money Monster"; Nov. 26: "Me Before You."

Some programs require advance registration, which can be done in person, or by phone. All programs are free!

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AN 80-YEAR LOVE AFFAIR WITH CITY ISLAND

By BILL STUTTIG



Alice Stuttig in the 1940s off the Stuyvesant Yacht Club (above, left) and recently at her son's house on Buckley Street.

Alice Stuttig (then Alice Anderson) was a young teenager when she first came to City Island, and it was love at first sight, she says.

She spent her childhood in Hoboken, NJ, and her friends in Hoboken, the Chornuks, kept a boat at the Stuyvesant Yacht Club. Their daughter, Olga, was Alice's best friend in high school, and the family would invite her to spend a week on their boat every summer. She recalls that "I loved City Island from the moment I stepped onto it that summer. We had such a wonderful time around the boat, swimming in the water and just enjoying summer on City Island. At that time, for me, it was very different from Hoboken, but in many ways it felt the same because both communities had wonderful people. It was simple people, simple times; everyone was nice to each other."

Alice spent many summer weeks with the Chornuks in the years that followed, but everything changed when World War II started. She remembers that "the war was a terrible time. Everything was rationed. I lost a lot of friends in the war, but many made it back as well. I actually met my husband, Bill, while on vacation in the Catskills a week before he was to be sent overseas by the Navy. It was just a quick hello then, and I didn't think anything would come of it. But then his mother contacted me and asked me to write him."

At the time Bill was stationed in Reykjavik, Iceland, helping to build a military airfield as a U.S. Navy Seabee, and his mother told Alice that he was lonely and suggested that a few letters might help him. So they started writing each other; in 1943, when he returned to the United States on leave, he went to see Alice at her job in Hoboken. A romance started from there, and when he returned for good after the war, they continued dating and were married in December of 1946.

As newlyweds, Bill and Alice first lived in a small apartment on Yates Avenue in the Pelham Parkway section of the Bronx. But those quarters were tight, even for newlyweds, so the couple would go to City Island regularly to visit Olga and the rest of the Chornuks, who by that time had bought homes on City Island. Alice and Bill decided to rent an apartment on City Island. "We moved to an apartment in a three-family home at 109 Pilot Street," she recalls. "The owners of the house were in the middle apartment, and Frank and Dorothy Urban were in the other apartment." That friendship would last for 60 more years.

Alice had her first daughter, Cathy, there, but after two years on Pilot Street, they started looking for a house to buy because prices were very reasonable. They ended up paying \$12,000 for the house she still lives in, and

shortly after moving in, her other two children, Carol and Billy, came along about two years apart. "City Island was a wonderful place to raise a family," she says, "and I would still recommend it highly to young couples."

One of the high points of City Island for the Stuttigs was the fact that the churches were very involved and very active. Trinity Methodist Church and the Grace Episcopal Church were very close and always worked together. Both had beautiful Christmas fairs and participated in each other's activities, including joint picnics on Sherwood Island in Connecticut. She remembers that Bob and Louise Scheurich would get there early, start the grills and get the games going. "It was a wonderful place and a wonderful day every year for many years as many, many City Island families came together that day," she says. "The church congregations were working-class people and everyone cooked. Our food sales were great. Everything was homemade. I made my Swedish meatballs all the time, and Evelyn Gauss, Lorraine Rauhauer and Chick Wilhelm would make the best cakes; and Mary Beulow's bread was out of this world. The sales were always successful, and if you wanted a home-knit sweater, you could find one at the church sales." As the number of parishioners decreased, volunteers opened thrift shops to keep the churches going, and these were successful for many years.

Alice also believes that life was simpler back then. The local merchants were very helpful, for example. "We had a wonderful grocery store called Max's. His was the only market that sold meat; at the time there was no delivery and I didn't drive, so I walked back home with my groceries and if it was the winter I walked with a sled. Everyone went to Max's."

She recalls that "the schools here were wonderful too. P.S. 17 had a great principal and excellent teachers." This was a community where raising children was a joint venture, and there were many organizations to help keep the children busy. "I was treasurer of the Girl Scouts and rang door bells to raise money. I was with the Cub Scouts as a den mother. Everything my children were involved in, I was involved in. I think it is still important not to put your children out the door and have them go to whatever club they belong to, but to be around and see what's happening with your children." She remembers that everyone watched out for each other and worked together. The children went to school together and didn't really go off the Island. "We had everyone's children playing in our yard, and our children played in everyone else's yard. That's the way it was. We welcomed all of them and they were all wonderful children."

After Bill went off to high school, Alice Stuttig started working again on City Island, this time as a secretary at Minneford's Yacht Yard, which she found very convenient and "very classy." Nearly 20 years later, she got a call from Helen Hild asking if she would like a job as a receptionist and secretary at Hild Sails on Fordham Street. She said no at first but eventually took the job and ended up working there full time for 12 years. She remembers that "everyone had a sailboat back then and it was a very busy time. They were all lovely customers. Sometimes their order was delayed

but they didn't take it out on me. They just turned around and went out and came back another day. Herb Hild was very generous to his employees and every year threw a big Christmas party and a New Year's party. After Hild Sails I worked 10 years part time for Consolidated Boat Yard, and that was a very nice experience as well."

As Alice reached her 60s, she became more involved in City Island's senior organizations; she volunteered as editor for the AARP chapter and then served as the chapter's president for two years during the early 1990s. "We worked together very well and went on a lot

of trips and saw a lot of plays. Everything was very reasonably priced at the time, so we were able to do it. And we also had a lot of guest speakers volunteering their time, like Cormac McEnery, who advised us about how to manage our old age when it comes. Well, for all of us it came, and we didn't like it, but there was nothing we could do about it!"

"But," she says, "as I approach my mid-90s, I am glad to see that City Island is still a great place, and I want it to stay that way. It was a wonderful place to live and raise my children, and I am so glad that I have it as a big part of my life."



Photos by MATTIA PANZA

Bartow-Pell Mansion Museum in Pelham Bay Park held its "Fall into Fall Harvest Festival" on Saturday, Oct. 8, celebrating autumn in the park at the mansion with fun and games for all ages, including music, crafts, games, a horse-drawn hay wagon and seasonal treats, such as fresh cider from the new outdoor press. Visitors met some birds of prey, helped harvest the season's final bounty from the organic vegetable garden and picked their own pumpkins from BPMM's pop-up pumpkin patch.



Bartow-Pell Events

First Friday! on Nov. 4 from 5:30 to 8:30 p.m. Enjoy the Latin Jazz sounds of the Greg Diamond Quartet from 6 to 8 p.m., explore the museum and stroll the garden; light refreshments available. The trolley makes an hourly loop starting at 5:25 p.m. from the #6 Pelham Bay Park subway station to BPMM to City Island. Registration requested. Cost BPMM Members: free; Not-Yet BPMM Members: \$12 adults, \$10 seniors and students.

Civil War Living History: Lee's Forgotten General. On Sunday, Nov. 6, at 4 p.m., actor and historian Patrick Falci portrays Confederate Lieutenant General Ambrose Powell (A. P.) Hill in costume to illuminate the life and times of "Lee's Forgotten General," highlighting Hill's service under Robert E. Lee and his leadership at several major engagements. Falci is known for his role as A. P. Hill in the film "Gettysburg," produced by Ted Turner. Registration requested. Cost BPMM Members: free; Not-Yet BPMM Members: \$10 adults; \$8 seniors and students.

B2B—Bartow to Bartow—Challenge Walk. On Sunday, Nov. 13, from 11 a.m.—2 p.m., get fit and learn about the history of your own backyard at the same time for a fun, casual walk along the restored Hutchin-

son River Greenway to Bartow-Pell, where refreshments and house tours await! Then enjoy a return walk back to Co-op City. Total distance is approximately 5K. Rain or shine. Meet at the entrance to the Hutchinson River Greenway on Bartow Avenue and the Hutchinson River Parkway overpass, near 2100 Bartow Avenue in Bay Plaza. Registration requested. Free.

Birding at Bartow. On Saturday, Nov. 19, from 8:30 a.m. to 11 a.m. join Jack Rothman, avid bird watcher and founder of *CityIslandBirds.com*, on a morning trail walk. With winter approaching, be on the lookout for woodland species, raptors, waterfowl, and a possible owl. Meet at BPMM parking lot. Registration required and on a first-come first-served basis. Maximum number of 25 attendees. Free.

Holiday First Friday! Dec. 2, 5:30 to 8:30 p.m. Experience the mansion decked out for the holidays and enjoy the mellifluous sounds of the *a cappella* Metropolitan—back by popular demand—from 6 to 8 p.m. Holiday shopping and refreshments add to the fun. The free Bronx Trolley makes a continuous loop from the #6 Pelham Bay Park subway station to BPMM to City Island. Registration requested. Cost BPMM Members: free; Not-Yet BPMM Members: \$12 adults; \$10 seniors and students.

Holiday Family Day. Saturday, Dec. 3, 10 a.m. to 1 p.m. Celebrate the spirit of the holidays! Explore the 19th-century mansion decorated for the season, featuring a festive sing-along of your favorite seasonal tunes led by folk singer Scott Test! Enjoy hot cocoa and crafts, shop for unique gifts, and meet Santa in a historic setting (professional photos with Santa available for an additional fee)! Space is limited. Registration requested. Cost \$20 children one year and up; BPMM Member children \$15 (children under one year and adults free when accompanied by a child).

Molly Schroeder, Ph.D.
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Organization News

News on this page concerning organizations, and events listed in, are submitted by representatives of those organizations. A limit of 150 words is requested for all news items submitted. In most cases news will be edited and every effort will be made to preserve the substance of longer items. News and calendar events must be received by no later than the 20th of each month except December and July. If the 20th falls on a holiday or Sunday, the deadline is the 19th. Mail submissions to P.O. Box 6, City Island, NY 10464. YOUR NAME AND PHONE NUMBER MUST BE INCLUDED.

Current Calendar

NOVEMBER

Tues., Nov. 8, **Election Day**, P.S. 175, 200 City Island Avenue.

Sat., Nov. 12, **Chamber of Commerce Awards Dinner**, 7 to 11 p.m., Scavello's On The Island.

Happy Thanksgiving

Thurs., Nov. 24, **Community-wide Thanksgiving dinner** at Trinity Methodist Church, City Island Avenue at Bay Street. Free and open to all from 12 to 3 p.m.

Sat., Nov. 26, **Holiday Tree Lighting and Carols**, Hawkins Park, 7:15 p.m., sponsored by the Chamber of Commerce.

Sat., Nov. 26, **POTS Program**, St. Mary's School Yard, Minneford Avenue and Kilroe Street, drop-off between 4:30 and 5 p.m. Menu: Chicken or turkey cut up with rice and beans.

Tues., Nov. 29, **City Island Civic Association meets**, 7:30 p.m., Community Center, 190 Fordham Street.

DECEMBER

Fri. Dec. 2 and Sat., Dec. 3, **Annual Christmas Fair**, Trinity United Methodist Church. 2 to 8 p.m. on Friday, 11 a.m. to 3 p.m. on Saturday.

Sat., Dec. 3 and Sun., Dec. 4, **St. Mary's Thrift Shop Christmas Sale**, 9 a.m. to 3 p.m. in St. Mary's School Gym and in the Thrift Shop, 595 Minneford Avenue.

Sat., Dec. 10, **Grace Church Holiday Fair and Café**, 10 a.m. to 3 p.m., 114 City Island Avenue at Pilot Street.

Temple Beth-El

Temple Beth-El of City Island (TBE), "your shul by the sea," 480 City Island Avenue, is a stimulating non-denominational place for observance of Jewish traditions in the Renewal style of deeply spiritual, innovative, all-inclusive and open-minded worship. Rabbis Shohama Wiener and David Evan Markus lead services with music by Your Band by the Sea. Events begin promptly, so please come 15 minutes before listed times. Services are followed by a celebratory Oneg, light refreshments. Reminder: for the health and comfort of all, please refrain from wearing perfume or cologne. For more information, visit: www.yourshulbythesea.org. We welcome you to follow us on Facebook.

Kabbalat Shabbat services are on Friday evenings from 7:30 to 9:30 p.m.: Nov. 4, with Bob Berent; Nov. 11, Rabbi Shohama and Rabbi David; Nov. 18, with Bob Berent; Nov. 25, with Rabbi David.

Events & Classes

Tuesday, Nov. 22: Adult Education with Rabbi David, "Seeking & Spirit Re-Introducing Judaism for the Renewal Age," the first of eight monthly classes meeting on the fourth Tuesday of each month.

Ongoing program, Mondays from 7:30 to 9:30 p.m. Prana Yoga led by Daniella Haney, a certified instructor in transformative breath, body and spirit for deep healing. Suitable for all; dress in loose clothing. Suggested free-will offering \$10 per session. RSVP to Daniella at kyncnc@aol.com.

Seeking

Musicians: Looking for string, wind, brass and percussion players. Contact Rabbi David via yourshulbythesea@gmail.com.

Computer geek for database management and design, e-blast flyers. E-mail us at yourshulbythesea@gmail.com.

Oneg sponsorships: For special occasions or memorials, contact Violet Smith at 718-885-0978 or violetsmi@aol.com.

Outreach

Enrollment continues for TBE's Hebrew school partner, Sinai Free Synagogue, in nearby Mount Vernon. To enroll a child or obtain more information, contact Rabbi Shohama via yourshulbythesea@gmail.com.

Paul Klein

Garden Club of City Island

The October meeting of the Garden Club of City Island featured presenter Richard Rosiello, landscape architect of Meadowbrook Gardens of New Milford, CT, on how to incorporate native plants into the garden. Richard described native shrubs and trees for our USDA plant hardiness zone. His attractive visuals of nearby gardens demonstrated the use of both texture and color in garden design, such as underplanting apple trees with native ferns, and how to create a native wildflower meadow. Richard also described invasive plant species to avoid.

In mid-October the club made a trip to the renowned Steinhardt Gardens in Mount Kisco, organized by the program chair, Carol Wilkinson. The walking tour included the gardens, specimen trees and a menagerie of 50 species of exotic animals.

Our meeting on Nov. 7 will have Nancy White, co-owner of the Flower Bar of Larchmont, who will demonstrate fall flower arrangements as members prepare for the coming holiday season. The arrangement will be raffled off.

The Garden Club meets the first Monday of each month at 10 a.m. at the City Island Yacht Club. The Garden Club welcomes like-minded people who have an interest in horticulture and in civic beautification. The annual dues are \$35. All meetings are followed by refreshments provided by the hospitality committee.

Carol Hansen

City Island Republicans

Remember to vote on Nov. 8. Polls are open from 6 a.m. to 9 p.m. at P.S. 175, 200 City Island Avenue.

Fred Ramftl Jr.

American Legion Ladies Auxiliary

The Ladies Auxiliary Fall Bake Sale on Sunday, Oct. 4, was a huge success in spite of the inclement weather. Many thanks to those who donated and purchased at the event. And a huge thank you to the ALA volunteers who donated their time to host the sale. Special thanks and appreciation to Ken Selesky and the City Island Culinary group for donating a variety of cookies and cakes. This was one of the largest displays of home-baked goods that we've had in quite a while, and they sold quickly.

The Ladies Auxiliary has partnered with Harlan Sexton of the "Quilts of Valor." This program, which began in 2003, is a non-profit foundation whose goal is to cover all physically or psychologically wounded service members with a freedom quilt honoring them for their sacrifices. Some of the ladies will be assisting Harlan in making the quilt. Once it is completed, we will donate it to a veteran in our community in a dedication ceremony that Harlan will perform. Many thanks for her generosity and thoughtfulness in reaching out to us.

Legion Family calendars are still available at the Post for \$20, a great holiday or gift idea for the coming months. Please stop by to purchase your "lucky" calendar.

Veterans Day is an official United States public holiday, observed annually on Nov. 11, which honors military veterans who have served in the United States Armed Forces. Please show your support in honoring and remembering our veterans and their families. The annual Throggs Neck Veterans Day parade will be held on Nov. 13, starting at noon. All auxiliary members planning to march are scheduled to meet at 11:30 a.m. on Tremont Avenue and Lafayette. Please come out to support our veterans and enjoy the parade.

On Memorial Day and Veterans Day, millions of red crepe paper poppies—all hand made by veterans as part of their therapeutic rehabilitation—are distributed across the country in exchange for donations that go directly to assist disabled and hospitalized

veterans in our communities. The Poppy Program raises community awareness and respect for our veterans by educating Auxiliary members and the public about the symbol of the poppy.

Nearly 3.5 million poppies were distributed by units last year, raising \$2.1 million. Meeting the continuing needs of our veterans should be the concern of every American who values his or her freedom. The Auxiliary promotes the poppy as a symbol of the sacrifices our military have made, a symbol to open people's hearts and inspire them to donate. We will be distributing poppies in the coming months. Please do your part and donate.

If you would like to become a member of the Ladies Auxiliary unit 156, please contact Doreen Wall at americanlegion-membership156@gmail.com for further information and an application.

The Ladies Auxiliary wishes to extend to all a Happy and blessed Thanksgiving.

Joanne Valetta

St. Mary, Star of the Sea Church

We begin the month of November with the celebration of two special feasts, the feast of All Saints (Nov. 1) and the Commemoration of All Souls (Nov. 2).

Our monthly coffee hour will take place in the rectory on Sunday, Nov. 13, after the 11 o'clock Mass. Come join your fellow parishioners for light refreshments.

Our religious education program will sponsor a Turkey Bingo on Friday, Nov. 18, at 7 p.m. in St. Mary's School gym. Doors will open at 6:15 p.m. Bring the family.

Our annual Thanksgiving Mass will take place on Tuesday evening, Nov. 22, at 7:30 p.m. Let us give thanks together as a community of faith for the many blessings God has bestowed upon us. At the Mass we will collect canned and dried foods, which will be distributed to those less fortunate. All are invited to attend. Happy Thanksgiving to everyone!

Sunday, Nov. 27, is the first Sunday of Advent, the beginning of the preparation for the coming of Our Savior Jesus Christ. The Advent candle will be placed in a prominent place in our church as we mark off the weeks in anticipation of His coming. Let us pray for world peace as we await the coming of the Prince of Peace.

Our annual Christmas fair will take place on Saturday, Dec. 3, and Sunday, Dec. 4, from 9 a.m. to 3 p.m. The fair will be held in both the school gym and in the Thrift Shop. Come take a look. You are sure to find great gifts.

Rose Dietz

Trinity United Methodist Church

Our weekly worship service and Sunday school are at 10 a.m. Holy Communion is celebrated on the first Sunday of each month. Trinity often has a coffee hour after the service. Come and join us for worship and fellowship. Children's Sunday school takes place during the 10 a.m. service. This season the children are studying the story of Joseph in Egypt and progressing through the story of Moses. All children are welcome to attend.

Please visit Trinity's new home on the web (www.trinityofcityisland.org), there you will find all things Trinity, including the texts of Reverend Yew's sermons.

Fall Disciple Group Bible Study: Trinity UM Church is having a Disciple Group Bible Study class began Sunday, Oct. 23, and will continue for five consecutive Sundays, to and including Sunday, Nov. 20. The group meets in Trinity's Fellowship Hall, after the worship service, beginning at 11:15 and concluding at 12:30 sharp.

The study is of the New Testament letter written by the Apostle Paul while prisoner of Rome, to the Ephesians; his theme is God "who has blessed us in Christ with every spiritual blessing in the heavenly places." Paul refers to the "heavenly places" five times in this amazing letter, challenging our true understanding of the Christian mystery. George Cavalieri will instruct and moderate the group. The scripture texts and a study outline will be provided at no cost. All interested are welcome to these studies.

On Nov. 24, Trinity will host its annual

Thanksgiving Day Free Dinner Service from noon to 3 p.m. in the Fellowship Hall. Volunteers will meet at the church on Tuesday, Nov. 8, at 7:30 p.m. If anyone wants to volunteer as a server or as an entertainer, please call Pastor Ezra Yew at 718-885-1218.

Trinity's Christmas Fair will be held on Friday, Dec. 2, from 2 to 8 p.m. and on Saturday, Dec. 3, from 11 a.m. to 3 p.m.

On Dec. 4, after the 10 a.m. Sunday worship service, there will be a Parsonage Open House at 113 Bay Street.

It's fall, and that means the Budget Shop is open! Stop in and see what is new. It is open the first and third Tuesdays each month and occasional Saturdays. Trinity is thankful for City Island's continued support, both in volunteering of time, and the generosity of the donations.

Rick DeWitt

City Island Nautical Museum

As the cold weather approaches, keep the Nautical Museum in mind. This will be your last chance to see the wonderful exhibit in our library about the history of boat and yacht building on City Island. Next spring, we will reopen with a Mark Whitcombe retrospective show and an exhibition of artists' visions of the City Island Bridge, so if you love boats and City Island history, be sure to visit before we close for the winter on Dec. 18.

Also, we have some handsome new items that will make great Christmas gifts, including a handsome cutting board with the nautical chart and wrapping paper.

This is a good time to renew your membership in the City Island Historical Society, which administers the museum; cost is only \$20 for individuals and \$25 for families (\$50 for business sponsorships). Although we are now charging admission to the museum (\$5 for adults), members will be admitted free! We are also a 501(c)(3) organization, so that donations to our window fund, our endowment, or our program fund are entirely tax-deductible, a good thing to keep in mind as the year draws to a close.

Happy Thanksgiving to all.

Barbara Dolensek

AARP 318

We meet on the first and third Wednesday of the month at 1 p.m. in Trinity Methodist Church Hall on Bay Street. Our Nov. 2 meeting will feature a T-shirt contest. Get out your fabulous T-shirt for the occasion.

Please bring your \$10 for our Pizza/Bingo scheduled for the next meeting, Nov. 16. Included are pizza, salad, coffee and cake, and a fun Bingo afternoon. The meeting begins at 12:30. On Dec. we will have a speaker, and on Dec. 14 at noon we will have our Christmas luncheon at the Lobster House Restaurant near the City Island Bridge. Cost is \$45 per person.

So mark your calendars for our November and December festivities. Come and bring friends.

Rosetta Woods

REGULAR MEETINGS

Weekly Twelve-Step Meetings on City Island

Narcotics Anonymous:

Fridays at 7:30 p.m., St. Mary, Star of the Sea Church, City Island Avenue near the Bridge.

Thursdays at 8 p.m., Trinity United Methodist Church hall, 113 Bay Street.

Alcoholics Anonymous:

Mondays at 8 p.m., Trinity United Methodist Church hall.

Tuesdays at 8 p.m., St. Mary, Star of the Sea Church.

Wednesdays at 7:30 p.m., Grace Episcopal Church.

St. Mary, Star of the Sea Church: 718-885-1440

Trinity United Methodist Church: 718-885-1218

Grace Episcopal Church: 718-885-1080

Overeaters Anonymous:

Saturdays at 11 a.m., Grace Episcopal Church: 718-885-1080



For additional information about the Community Center, or if you are interested in conducting classes here please call 718-885-1145.

We are presently in our Early Bird Membership drive. Now more than ever, the Community Center needs your support and volunteer work. We thank volunteers Gerry Breen, assisted by Josh Glick, for their skillful repair of the ceiling. We also thank James Immediato for his help with the flooding problems at the Center. Remember, the Community Center is here for you and your families, so please support the programs and let us know if there is something you would like to see on the schedule.

Annual membership to the City Island Community Center is only \$30 for families and \$20 for individuals. Please think about joining. Members can rent our "BIG" room for family events and parties at very reasonable rates. To join the Center, to request our brochure and for up-to-date information, visit: www.cityislandcommunitycenter.org, call 718-885-1145 or "Like" us on Facebook and check FB for any changes in classes.

The Center is run by a volunteer board of directors who meet on the first Tuesday of each month at 7 p.m. in the Community Center Main Room at 190 Fordham Street. All members are encouraged to attend this open meeting. We always welcome and really need volunteers and donations. Think about it.

COMING SOON

Annual Holiday Party: Friday, Dec. 9, 7 p.m. A fun-filled tradition for our members with live music by Johnny Valenti and great food with desserts provided by the Culinary Club.

NEW PROGRAMS

Spanish Classes for Children: Wednesday, after school, Saturday, afternoon. An exciting new educational program for children at the Center. Taught by experienced school teachers, The Español Experience teaches conversational Spanish to children grades K-5 through fun filled activities and visits by performing artists. The Español Experience enables children who know a little Spanish to speak more fluently and introduces children who don't know any Spanish to a whole new cultural experience. Classes start in September and are forming now. For more information and to register your child, visit www.espanolexperience.com.

Healing Service: Thursday by appointment. Rev. Francesca Vitale, Polarity/CranioSacral Practitioner, formerly of the New York Open Center, is offering her healing services to anyone in need. Exploring Energetic Anatomy and the Mind-Body Connection, a person can receive clarity and balance within in order to heal and become empowered. A donation of \$33 per hour session is suggested. For further information, visit www.theevital-forcefoundation.org. To schedule an appointment call Francesca at 914-837-6830.

Mommy and Baby Yoga: Tuesday, 11:15 a.m. Sarah Hutching's special class offers gentle stretching, toning, baby massage and relaxation. A wonderful and nurturing way to spend time together. For information, call Sarah at 914-216-5851.

Ballroom Dance: Wednesdays, 7 p.m. In November, the featured dances will be Salsa and Rhumba with instructor Maurice Bonilla. It's lots of fun and soon you may be "Dancing with the Stars." For information, call 347-920-3127.

Bollywood Dance: Saturdays, Tweens, 12 and under, 1:30 to 2:30 p.m. Teens/Adults, 2:30 to 3:30. Join Lalitha Cosme to explore the dance, energy, movement and culture of India and Indian films. To register or for more information e-mail lalithadance@gmail.com.

YOUTH PROGRAMS

Art for Children: Saturdays 10:30 to 12 noon. Ages 7 to 12 explore drawing, painting and sculpture: Study art from the 15th to 21st century with Lorraine Cantori. Classes are canceled for the fall. Register now for classes that begin Jan. 7 through March 11 at ceasar-dante@optonline.net or call 914-552-5268.

Irish Dance for Children: Mondays. Began Sept. 12. Step dancing for all ages. Tiny tots 6 to 6:30 p.m., beginners 6:30 to 7:30 p.m., intermediate 6:30 to 8:30 p.m. All classes taught by Caitlin Nora Kelly. For information, e-mail caitlin.nora.kelly@gmail.com or call 914-262-4517.

Introduction to Art Portfolio Prep: For high school prep or just for fun! To enroll, call Geri Smith at 718-885-1503.

Jill's Playgroup: Wednesdays 10 a.m. to 12 noon. Preschool children are invited to have fun and socialize with other children. No charge, but donations are appreciated. Begins Nov. 9. Call Jill at 917-330-0922 for information.

ADULT PROGRAMS

Aerobics with Mary: Sunday, Monday, Wednesday and Friday, 9 to 10 a.m. Stay strong with cross fit/aerobic strength training. Call Mary Immediato at 718-885-0793 AFA Certified.

Belly Dance/Shimmy by the Sea with Kristin, aka Gypsy Curves. Saturday or Sunday. To enroll, call Kristin Amezcua at 646-625-1575.

Chair Yoga with Michael: Friday, 10 a.m. Stretch and flex with an easy combination of yoga, tai chi and pilates. For information, call Betty at 718-885-1095.

Chess & Card Club: Tuesday at 7 p.m. Come play cards. Wednesday at 7 p.m. Chess taught, played and discussed. All levels welcome. Come on in! Avoid TV. Have fun. If you plan to attend, call Bill at 718-541-3995.

City Island Civic Association: Meets at 7:30 p.m. on the last Tuesday of every month (except December). Join your community in action.

City Island Community-Supported Agriculture: Mondays, 5 to 6 p.m. The CSA provides fresh organic fruits and vegetables. For information, e-mail laurenbriggsrn@gmail.com or call 917-238-0529.

City Island Culinary Club: Every other Monday at 7 p.m. Nov. 7 and 21 focus on soups. Have fun with other Islanders who like to cook, share your favorite recipes and pick up some new cooking skills. For information, call Kenny Selesky at 917-533-7873.

City Island Drawing Society: Sunday, 11 a.m. to 2 p.m. Find your inner da Vinci and enjoy the art of drawing with Joshua Glick. For information, call 917-721-1419.

Parenting Group: Meets at 7 p.m. on the last Tuesday of the month. We laugh, we cry and we learn from one another. Join us on this journey through parenthood. For information, call John Scardina 718-884-9305.

Weight Watchers Meetings: Tuesday evenings at 6 p.m. (NEW TIME) with Debbie. Trim down and be healthy with the support of a great group. Now is a good time to join. For more information, call Patty at 718-885-1891.

Yoga with Jo Ann: Tuesday, 7 to 8:15 p.m. and Saturday, 8 to 9:15 a.m. \$10. Gentle level-one class. Please bring a mat, a strap and if possible, a yoga blanket. For information, e-mail joannngny@aol.com or call 917-853-4719.

Zumba with Julia/Kickbox with Maria: Saturday, 9:30 to 11 a.m. Want to lose those extra pounds and that belly fat? Well, here is your chance. Join this high-energy 90-minute



Photos by MATT PANZA and courtesy of JOE GOONAN

The dedicated volunteers from the American Legion offered pumpkins aplenty during the sale on Oct. 1 and 2, 2016. The Legionnaires shown above (l. to r.) worked through rain and shine to bring autumn color to City Island: Bob Salerno, Keith Shipp, Gene Valesio, Ed Shipp, John Ulmer, John Muhlfeld and Joe Goonan.

workout with toning. For information, call Julia at 917-601-5514 or Maria at 347-267-0591.

Zumba with Lettie: Thursday, 6 p.m. Lettie's very creative class is a real calorie burner and a blast. Classes are \$10. For information, call 917-292-4228.

Patty Grondahl

PSS City Island Center

The mission of PSS City Island Center is to provide neighborhood adults 60 and over with the tools to live life to their fullest, keeping them healthy, engaged and connected through innovative programs and classes. We are not your everyday senior center!

The center is located at 116 City Island Avenue in Grace Church Hall and is open from 9 a.m. to 3 p.m. Monday through Friday. A delicious lunch is served every day from 12 to 1 p.m. Suggested donation: \$2. Programs are funded by PSS and the NYC Department for the Aging.

All programs and events are subject to change. Please call ahead to check if you have not attended before. To receive our newsletter and calendar of events send your email to pat-tis@pssusa.org.

Highlights

- Nov. 3: Veteran's Benefits at 12:15
- Nov. 6: Clocks fall back.
- Nov. 7: Medicare Patrol Presentation (Fraud) at 12:30
- Nov. 15: Memory Training with VNS at 12:15
- Nov. 17: PSS LIFE U! Challenge at 12:30
- Nov. 18: Legwork Presentation and Ultrasound Scanning at 12:30
- Nov. 21: Thanksgiving Lunch- Meatloaf and gravy, turkey with gravy and cranberry sauce, mashed potatoes, sweet potatoes, Californian-blend vegetables, apple pie
- November Physical Exercise:** The exercise program offers classes at various levels of fitness. Drop in and try one of our classes for yourself. Mondays: Tai Chi for Arthritis at 9:15 a.m.; Tuesdays: Cardio Fitness at 9:15 a.m. and Yoga Stretch at 1 p.m.; Wednesdays: Dance Party at 9:15 and Arthritis Workshop at 10:15 a.m.; Thursdays: Learn Tai Chi at 9:15 a.m.; Fridays: Fit for Life at 9:15, Yoga Stretch at 10:30, Balance Class 1 p.m. The suggested donation is \$1 each for the Arthritis Workshop, Yoga Stretch, Balance and Tai Chi classes. The suggested donation for all other exercise classes is \$3 each.
- November Programs:** Mondays: Learn Canasta at 10:15 a.m.; Individualized Computer Instruction at 1 p.m., Jewelry Making 1 p.m.; Tuesdays: Conversational Spanish at 10:15; Blood Pressure Monitoring 10 to 11:30, Nov. 15 and 29; Wednesdays: Calligraphy at 1 p.m.; Haircuts by Brenda on Nov. 9 for \$10; Birthday Party, Nov. 16 at 12:30; Thursdays: Acrylic Painting at 10 am.; Bingo at 12:30 pm. on Nov. 10.

Information, Referrals and Assistance. Need help with filling out forms or applying for certain benefits? Don't know if you are eligible for benefits? We can help. Call Patty at 718-885-0727 or drop by the Center.

Caregivers Support. If you are caring for someone or if you know someone who is caring for another, we have some supportive services that might be helpful, including respite, escort assistance and help with shopping. Please call Patty at 718-885-0727.

Transportation Services. Off-island shopping trips leave at 9:30 and include Shop

Rite, Stop & Shop, Target, Farmers Market, Trader Joe's, Empire City and more. All shopping trips require you to sign up ahead of time as we have limited seats. Sign up is available starting the Thursday before, for the following week's trips. See our monthly calendar for specific dates. The suggested contribution for a round trip is \$1 on City Island and \$2.50 off-island shopping trips. Anyone over 60 is encouraged to take advantage of our door-to-door transportation services. Call Roe at 347-834-6466 for pickup or trips.

Patty Attis

St. Mary's Thrift Shop

It's sale time: bag sales, half-price sales, and a bric-a-brac sale. We will be closed on Thanksgiving Day and Saturday, Nov. 26, but we will re-open for our annual Christmas Fair on Saturday, Dec. 3, and Sunday, Dec. 4, from 9 a.m. to 3 p.m. at the Thrift Shop for slightly used items with new items, toys and books at St. Mary's Gym.

Arlene Byrne

American Legion Post #156

The next regular meeting will be on Sunday, Nov. 6, at 11:45 a.m. Dues for 2016 are now due.

Thanks to Mike Jawski for everything that he does, and thanks to Mike Treat for all of his hard work managing our membership. Thanks to all those who do for Post 156.

We have space for your next party. We can accommodate up to 80 people. Members receive a discount on all hall rentals. Call Joe Goonan at 718-885-1637.

Thanks to all those who helped make the pumpkin sale a success, including Carol Mennona and Linda Ulmer for selling the annual Post 156 lottery calendars.

Our Servicemen's Thanksgiving raffle tickets are coming to a box near you.

The annual Serviceman's Dinner will be held on Saturday, Nov. 19, at 7 p.m. The usual meal consisting of roast pork and roast chicken will be served. Dancing and music will also be included. Stop by the Post to sign up.

Remember to play the Queen of Hearts game each week. The weekly drawing is held at 7 p.m. on Saturday night. The jackpot starts at \$500 and grows each week until someone hits. The game is open to all. Proceeds from the game have already paid for our new porches in the side doors and are now going toward installing a new awning in the front of the building.

Thanks to the Ladies Auxiliary and Sons of the American Legion for all their help. Unfortunately, we cannot do it all ourselves anymore.

We have several members on sick call. Frank Hoffman is improving after recent heart surgery. Past Commander Ed Shipp is at the Hebrew Home in Riverdale for rehab following a double knee replacement.

All retired flags should be dropped off at the Post in the mailbox by the flagpole.

Any retired veterans willing to help out around the Post should call John Muhlfeld at 718-885-0639. Help is greatly appreciated.

We are always in need of new members. The Post pays the dues of members who are on active duty. Younger people are necessary for the continuation of the Post.

Continued on page 11

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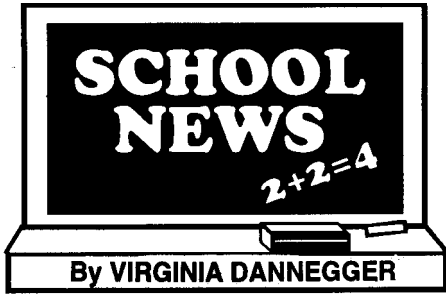
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Public School 175

Our school year is off to another wonderful start. In addition to the academic work students do each day, teachers are planning wonderful trips to supplement curriculum. Some of the exciting trips that have taken place so far this year and will take place in the coming weeks include the following: the first grade visits the NY Botanical Garden; the second grade visits the Queens Museum to see the NYC Panorama exhibit; the fourth grade goes to the Bronx Zoo and to the Ward Pound Ridge Reservation; the sixth grade visits the Metropolitan Museum of Art; and the seventh and eighth grades visit Dinosaur State Park in Connecticut. In addition, almost all of our seventh- and eighth-graders went on their first Reward Trip!

Thanks to the generosity of Councilmember James Vacca, we are once again collaborating with the Bronx Arts Ensemble to provide musical and theatrical arts to our students. Fifth-grade students will have their annual musical performance in the spring. The grant also allows us to provide an after-school choral program for our many talented student vocalists in grades 3 through 8. In addition, thanks to the generosity of our PTA, we are broadening our collaboration with Bronx Arts to include visual arts instruction for all our students.

The building continues to buzz after regular school hours. The Sports & Arts program, which serves students in grades 6 through 8, includes a sports component that changes throughout the year, homework help, guitar, dance and games. Another component of the program is the many exciting trips that students attend during school holidays. Mosholu Montefiore Community Center is once again providing a fee-based after-school program for students in grade K through 5 on school premises.

Several exciting events will be taking place in the weeks to come. They include our annual "Halloween Fun Morning" for students in grades K through 3, Halloween movie and snacks for fourth and fifth-graders, and the Halloween Dance for our students in grades 6 through 8. The PTA is also having their annual Election Day Sale on Nov. 8. We hope to see many of you there! As always, we are greatly appreciative for all of the support we get from our community!!!

Please keep in mind these important dates: Nov. 3: Half day for students - parent teacher conferences; 12:30 to 2:30 p.m. and 5 to 8 p.m.; Nov. 8: Election Day; school closed for students; Nov. 11: Veterans Day; school closed; Nov. 24 -25: Thanksgiving.

September Citizens-of-the-Month are Christopher Matos and Antonio Tranquillo (kindergarten); Lili Lakatos and Sofia Hernandez (first grade); Giovanni Maiorca and Thomas Cullen (second grade); Khalin Cabrera (third grade); Santino Esposito and Jayla Garcia (fourth grade); Paul Goonan (fifth grade); Tommy Forliano and Jayden Rogers (sixth grade); Mark Piri and Demitria Mantzaris (seventh grade); Kaltrina Rugova and Miracle Di Martini (eighth grade).



Cinematic Prisms of the Holocaust in the 21st Century

The 21st century has seen the movie industry produce films with Holocaust-related themes that touch on topics heretofore largely ignored. These themes include awareness of what was happening in several

countries where round-ups occurred; who other than the Germans performed these massacres; unique German points of view; and the aftermath several decades later. This column is in commemoration of *Kristallnacht*, "Night of Broken Glass," when a pogrom against Jews throughout Nazi Germany occurred on the night of Nov. 9-10, 1938. It was carried out by German civilians and the *Sturmabteilung*, the original paramilitary wing of the Nazi Party.

The HBO film *Conspiracy* (2001) is an enactment of what might have gone on at the Wannsee conference in 1942, where 15 of Hitler's key men gathered to discuss the "Jewish Question." The stellar cast includes Kenneth Branagh as meeting coordinator Reinhard Heydrich and Stanley Tucci as Adolf Eichmann. Colin Firth appears as legal expert Dr. Wilhelm Stuckart, who speaks to the group about the practical ramifications of their plans in this disturbing thought-provoking film.

Amen (2003) is the story of Kurt Gerstein (Ulrik Tukur), a real-life chemist and Second World War SS officer who is charged with supplying the death camps with zyklon B, a cyanide-based pesticide invented in Germany in the early 1920s. The chemical was developed to prevent the spread of typhus, and Gerstein is completely horrified when he finds out how it was actually being used. He enlists the aid of Ricardo Fontana (Mathieu Kassovitz), a young Jesuit, who is a composite character representing all the priests who were determined to fight the Nazi extermination policy. Gerstein wants Fontana to inform Pope Pius XII about the plight of the Jews. Countless priests could not live with the silence of their church's hierarchy regarding the Nazi machine.

Black Book (2006) was the most commercially successful film ever made in the Netherlands. It recounts the story of Rachel Stein (Carice van Houten), a beautiful Jewish woman who after escaping Nazi capture, assumes a new Aryan identity. Using a non-Jewish alias, Ellis de Vries, Rachel becomes involved with a Dutch resistance group, under the leadership of Gerben Kuipers (Derek de Lint). Working closely with a doctor in the Resistance, Hans Akkermansand (Thom Hoffman), she is persuaded to seduce a local Nazi commander Ludwig Müntzeand (Sebastian Koch) in order to take down the enemy from within. While not a true story *per se*, it is based on several true events and characters. In 1944, many Jews were entrapped by Dutch policemen when trying to cross the Biesbosch. Events are related to the life of director Paul Verhoeven, who was born in 1938 and grew up in The Hague during the Second World War.

The Counterfeiters (2007) is an adaptation of Adolf Burger's fact-based book "The Devil's Workshop." When gifted counterfeiter Salomon Sorowitsch (Karl Markovics) is arrested by Police Inspector Herzog (Devid Striesow) at the onset of the war, Sorowitsch is sent to the Mauthausen and then Sachsenhausen concentration camps. Upon arriving at the latter camp, Sorowitsch discovers that Herzog is now a commandant who aims to destabilize the economies of the Allies and fund the Nazi war effort. A special team of counterfeit artists is assembled, led by Sorowitsch, to create millions in fraudulent pounds and dollars. The work of the group is continually undermined by obstinate Adolf Burger (August Diehl), a collytype specialist who is plagued by his conscience. The movie won an Oscar for Best Foreign Language Film.

The Boy in the Striped Pajamas (2008) is an original film that tackles a topic that is not the primary focus of any Holocaust movie I can recall. It is the story of a Nazi official (David Thewlis) who moves his family to "the country," where they will live on "a farm." His wife (Vera Farmiga) puts up with the move, but, as time goes on, her conscience starts to trouble her. The "farm" in question is in reality a concentration camp, with the official as its commandant. The story is largely told through the eyes of their son, Bruno (Asa Butterfield), an adorable and imaginative 8-year-old who is upset that he has had to leave his Berlin friends. Because his parents are evasive when he questions them about why the farmers are wearing striped pajamas, Bruno goes on his own secretive investigation. He

befriends Shmuel (Jack Scanlon), a Jewish boy he meets by the barbed-wire fence. He visits often, and in a quest to help Shmuel, Bruno places himself in great jeopardy. These two innocent boys are unaware of the truth of the situation, and the ending is the most haunting of virtually any film I have ever seen.

On a more optimistic note, *Defiance* (2008) is the true story of the Jews of Belarus who hid during the Second World War in a forest where over 1,200 people survived the Nazi persecution. The group is led by the Bielski brothers. Tuva (Daniel Craig) wants to save as many people as possible and serves as the voice of calm in chaos. Zus (Liev Schreiber) is the angry one with a hair-trigger temper who wants to kill Nazis. Asael (Jamie Bell) is the youngest, who tries to be helpful and survive. How the group sets up a successful and sustaining village in the wilderness is quite remarkable, as are the ethical considerations and challenges of self-government. Also challenging were the cold winters, eluding the Nazis and at the same time making a tenuous peace with the Soviet forces.

Although *The Reader* (2008) only touches on the war, it merits inclusion in part because of Kate Winslet's Oscar-winning performance as Hanna Schmitz, a woman in her mid-30s who forms a romantic attachment to a 15-year-old boy, Michael (David Kross), and then inexplicably disappears. Eight years later, they encounter each other again when he is a law student watching a trial of Nazi prison guards, which changes both his life and hers. She refuses to defend herself, and Michael comes to realize that she may be guarding a secret more shameful than that for which she is charged. Much of the film is told as flashbacks of the adult Michael (Ralph Fiennes). What he does for Hanna is a supreme kindness. The simple yet complex relationship between Hanna and Michael keeps the viewer thinking about the film long after leaving the theater.

Beginning in Paris in 1942, *Sarah's Key* (2010) tells the story of a dark time when French officials rounded up more than 10,000 Jews and herded them into a sports stadium known as the Vel d'Hiv. In modern-day Paris, American journalist Julia Jarmond (Kristin Scott Thomas), is assigned to write an article about the event. When she and her French husband move into his family's apartment near the stadium, she realizes that it once belonged to the Strazynski family, and their daughter Sarah (Mélusine Mayance), who were involved in the roundup of the Jews.

Aftermath (2013), or "Poklosie," its original title, is the story of Franek (Ireneusz Czop) and Jozek Kalina (Maciej Stuhr), two brothers from a small village in central Poland whose estrangement ends when Franek returns to Poland to try to discover why Jozek's wife left him. Jozek has been ostracized from the community and his life is threatened, because of an activity that offends the town's inhabitants. As the two brothers struggle to rebuild their relationship, they eventually uncover a dark secret that forces them to confront

the history of their family and their home town. When it was released in Poland, the film generated intense controversy and was accused of being anti-Polish propaganda.

The Book Thief (2013) concerns the life of Liesel (Sophie Nélisse), a young girl taken in by the Hubermanns, a childless couple. Although Hans (Geoffrey Rush) is kindly and gentle, his wife, Rosa (Emily Watson), is seemingly cold and bad-tempered. Liesel is taught to read by Hans and starts to "borrow" books from Ilsa Hermann (Barbara Auer), the Mayor's wife. This worries her new best friend, Rudy Steiner (Nico Liersch). When the Hubermanns take in a Jewish refugee, Max Vandenburg (Ben Schnetzer), Liesel reads stories to him to pass the time while he is seriously ill. Max encourages her to write her own stories, which she winds up telling in an air raid shelter to calm the families waiting out the night. The film is shown through the innocence of a child's eyes and humanizes the German people just living their lives without the hindsight of history.

In *Remembrance* (2011), or "Die Verlorene Zeit," the original title, is the remarkable true story of a love affair that took place in a German concentration camp in 1944 Poland. When Hannah Silberstien (Alice Dwyer) and Tamasz Limonowski (Mateusz Damiecki) escape from the camp, they become separated, and each believes that the other has died. Over 30 years later, Hannah Levine (Dagmar Mazel), a happily married resident of Manhattan's Upper West Side, suddenly discovers that Tamasz (Lech Mackiewicz) is still alive, and she must see him.

Set in 1958, *Labyrinth of Lies* (2014) explores the postwar denial of the Holocaust in Germany. It recounts the story of German prosecutor Johann Radmann (Alexander Fehling), a composite of three real-life lawyers, who follows up when a journalist Thomas Gnielka (André Szymanski) identifies a teacher in the playground as a former guard from Auschwitz. When no one wants to take notice, the case finally catches the interest of Radmann, who discovers that some Germans claim that they never heard of Auschwitz, while others try to forget about it. As Radmann perseveres in seeking the truth, Attorney General Fritz Bauer (Gert Voss) assigns him to take charge of the investigations, which has far reaching effects and implications.

Remember (2015) is the story of Zev Guttman (Christopher Plummer), a 90-year-old retirement-home resident who is struggling with memory loss. His close friend, Max (Martin Landau), is wheelchair bound but in full command of his mental faculties. Both men are survivors of Auschwitz, and the same sadistic guard was responsible for the death of both their families. Max convinces Zev to go in search of the guard, who has been living in the United States ever since under an assumed identity. With Max's guidance, Zev embarks on a cross-country road trip to bring justice once and for all to the man who destroyed both their lives.

And until next time, happier viewing...



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IN THE GARDEN

By MARY COLBY



Photo by MARY COLBY

Country Living

Once again it is raining acorns. Oak trees, it seems, do not produce acorns until they are 20 years old. Big manufacturing begins when the canopy gets large and there is no cold snap to kill the flowers. Some oaks produce heavy crops every two to three years. This is a particularly big year for white oak. Aside from raking them up, you can have your gardener use a lawn vacuum, but I would not throw all of them away. Pile them in a corner and let the squirrels enjoy them, which might prevent the rascals from digging up your newly planted bulbs.

A house in the country, while relaxing, has its fair share of foibles, oftentimes besieged by critters. Upstate I have been battling the moles. Do we have them on City Island? I hope not. They have made rivulets of tunnels all through my lawn in Saugerties. The first time I saw one was 10 years ago. As I was prying up an old clump of grass, there beneath my feet lay a furry creature with claws and a star for a nose. I looked at it perplexed, not realizing what it was. So instead of getting stabbed by my shovel (I stayed my hand out of pity), the little thing escaped. Escaped to breed an army of children, and now it is too late. I have tried smoke bombs, electronic Buzzitrons, guillotine traps and garlic to no avail. All I can do now is cohabit and flatten out their subterranean roads with my feet.

Feet! Remember to shake your rubber boots out briskly before putting them on barefoot. Mine were a size too small, so after I thrust my foot in with one good shove, I felt the sickening squelch of a toad who had unsuspectingly found a home for

the winter. I had a devil of a time breaking free of toad and all.

And the field mice are finding every tiny opening to enter the house. Last fall I had company coming, so we trapped them with butterfly nets just before the dinner bell. Of course my guest found one atop the stove later in the evening.

When living in the country, one finds compassion. My husband took hours to disentangle a snake from bird netting I had wrapped around an Alaskan cedar. My gardener Scotty rescued another snake from my rafters after it had devoured an egg. Gleefully he put it in the sack and asked if he could keep it. "I could use a good ratter" he said, as I shuddered with relief.

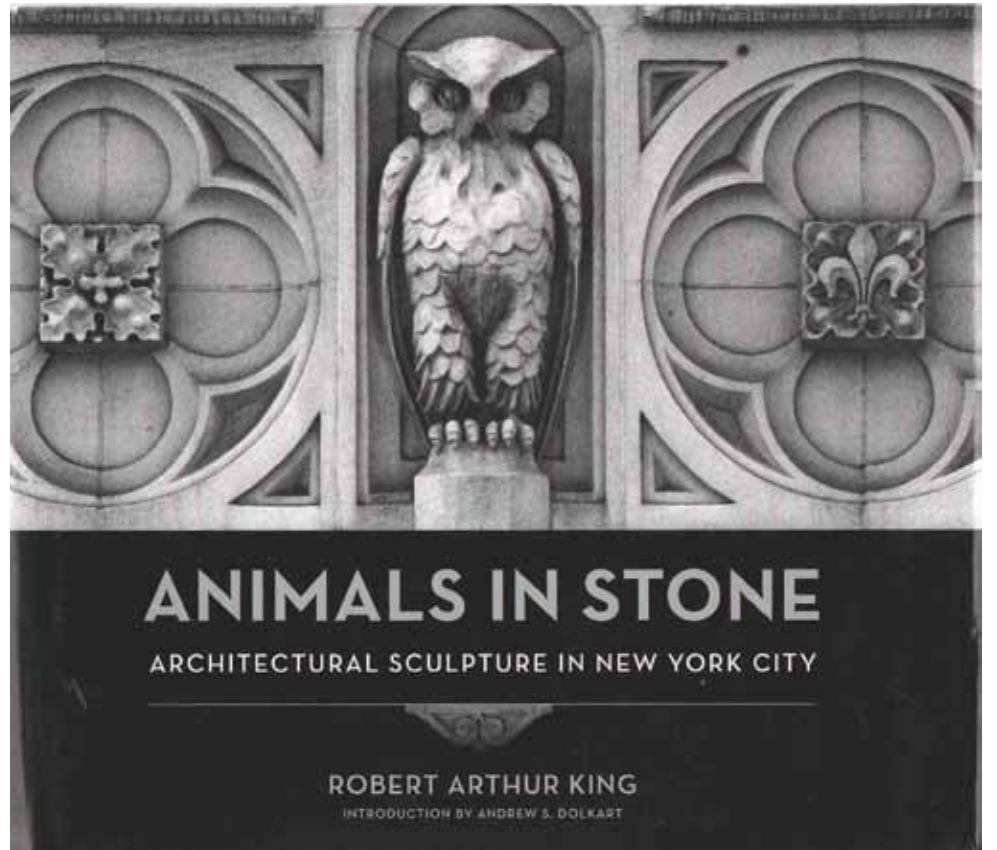
Finding a bear in the shed and shaking peaches from my neighbor's tree makes me explore my property with some amount of trepidation. I am a city girl, after all, and I am still not used to complete and utter darkness. I try every year to walk down the long driveway in a new moon. As I hit the halfway point, I remember that Native American children can do this in the forest from the age of seven, and that's when I turn and make for the porch dodging the bats.

Yet there are moments of quiet awe. Like seeing a beautiful wood turtle march across the lawn or a herd of whitetail deer waving their flags at the sound of a footfall. I remember the magical sight of a host of wild turkey in the low light on the forest floor. All these things mingle with joy and laughter, and I give thanks for all the antics and the wonder.

Mary Colby is an artist and gardener whose studio is at 276 City Island Avenue. She can be reached at 917-804-4509 for consultation and design.

An Eye for Detail: Robert Arthur King

By BARBARA DOLENSEK



Photos by ROBERT ARTHUR KING

Above are two of the many building details captured on film by Island resident Robert Arthur King. The fish at the left decorate the building at 367-369 East 149th Street in Manhattan; the face at the right can be found at 37 Hester Street in Manhattan. Many more images can be viewed on the Facebook page Robert Arthur King, FAIA.

How many of us walk around the city with our eyes looking up at buildings in order to find beautiful details that might otherwise go completely unnoticed? Most modern buildings don't have these details, but those built in the late 19th century often do, thanks to the skills of local craftsmen, many of them immigrants from southern and eastern Europe.

Someone who has found and documented these details is architect Robert Arthur King, who recently moved to City Island from Manhattan. His beautiful photographs of details have been published in two books, "Animals in Stone" and "Faces in Stone," celebrating architectural sculpture in New York City. Both books are being reissued by Norton in one volume, "Figures in Stone," which will be available early in 2017. He was the subject of a profile in the New York Times in 2015, which characterized his photographic searches as urban safaris, and he was the subject of a documentary film called "Stonefaced" issued in 2013.

But Mr. King has a great deal more on his resumé than simply being an architectural photographer. He graduated from the Columbia University School of Architecture and the Architectural Association Graduate School in London before opening a practice in New York City in 1977. He is an adjunct professor at the New York School of Interior Design, where he has taught building codes and systems, as well as historical

preservation, since 1989.

In 2014 Mr. King was given the distinct honor of being inducted into the College of Fellows with the American Institute of Architects, whose mission is to mentor young architects and to elevate architects who have made significant contributions to architecture and to society. A specialist in brownstone houses, Mr. King has completed historic restorations and preservation work on more than 200 buildings, like the one in which he grew up in Hamilton Terrace.

He did not always have his sights set on a career as an architect, however. In fact, he decided after graduating from high school to become an auto mechanic, but a cab driver client talked him into going to the Academy of Aeronautics, so he began to pursue a career in engineering at City College. In 1970, however, an exhibition at the Metropolitan Museum, "The Rise of an American Architecture," curated by Edgar J. Kaufmann Jr., propelled him into architecture as a profession, and he never looked back.

Mr. King decided to move to City Island, where his daughter is a resident, because he loves the sense of community here, as well as the Island's historic significance. He recalls that during the 1980s, he did an asbestos inspection of the school building at 190 Fordham Street that now houses the Nautical Winds Condominiums, the City Island Nautical Museum and the Community Center.

In front of his office at 212 City Island Avenue, Mr. King has mounted several of his photographs, which he hopes will inspire others to look for such details as they travel, not only in New York City but all over the world. He had recently taken photographs in many other countries, including Sweden and Denmark, examples of which can be seen on his Facebook page. Several of his photographs will be on view in the Focal Point Gallery's holiday show, which opens on Dec. 6.

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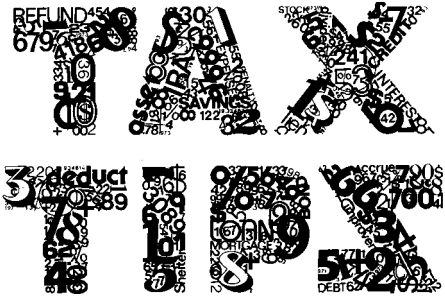
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From EDWARD D. HEBEN, C.P.A.

Identity Theft and Your Taxes

Tax-related identity theft occurs when someone uses your stolen Social Security number to file a tax return claiming a fraudulent refund. It presents challenges to individuals, businesses, organizations and government agencies, including the Internal Revenue Service (IRS). Learning that you are a victim of identity theft can be a stressful event. You may not even be aware that someone has stolen your identity, and in many cases, the IRS may be the first to let you know you are a victim of ID theft after you try to file your taxes.

The IRS is working hard to stop identity theft using a strategy of prevention, detection and victim assistance. In 2015, the IRS stopped 1.4 million confirmed ID theft returns and protected \$8.7 billion. In the past couple of years, more than 2,000 people have been convicted of filing fraudulent ID theft returns. And, in 2014, the IRS stopped more than \$15 billion of fraudulent refunds, including those related to identity theft. Additionally, as the IRS improves its processing filters, the agency has also been able to halt more suspicious returns before they are processed.

Here is what you should know about identity theft:

1. Protect your Records. Do not carry your Social Security card or other documents with your SSN on them. Only provide your SSN (social Security number) if it's necessary and you know the person who is requesting it. Protect your personal information at home, and protect your computers with anti-spam and anti-virus software. Routinely change passwords for all of your Internet accounts.

2. Don't Fall for Scams. Criminals often try to impersonate your bank, credit card company and even the IRS in order to steal your personal data. Learn to recognize and avoid those fake emails and texts.

3. Beware of Threatening Phone Calls. Correspondence from the IRS is always in the form of a letter in the mail. The IRS will not call you threatening a lawsuit or arrest, or to demand an immediate tax payment using a prepaid debit card, gift card or wire transfer.

It is important for taxpayers to be aware of a new telephone scam targeting students and parents and demanding payments for non-existent taxes. Be on the lookout for IRS impersonators calling students and demanding that they wire money immediately to pay a "federal student tax," which is a fake. If the person does not comply, the scammer becomes aggressive and threatens to report the student to the police to be arrested.

4. Report ID Theft to Law Enforcement. If you cannot e-file your return because a tax return already was filed using your SSN, consider the following steps:

- File your taxes by paper and pay any taxes owed.
- File an IRS Form 14039 Identity Theft Affidavit. Print the form and mail or fax it according to the instructions. You may include it with your paper return.
- File a report with the Federal Trade Commission using the FTC Complaint Assistant.
- Contact one of the three credit bureaus so they can place a fraud alert or credit freeze on your account.

5. Complete an Identity Theft Affidavit. Once you have filed a police report, file an IRS Form 14039 Identity Theft Affidavit (see below). Print the form and mail or fax it according to the instructions. Continue to pay your taxes and file your tax return, even if you must do so by filing on paper.

6. IRS Notices and Letters. If the IRS identifies a suspicious tax return with your SSN, it may send you a letter asking you to

verify your identity by asking you to call a special number or visit a Taxpayer Assistance Center. This is to protect you from tax-related identity theft.

7. IP PINs. If a taxpayer reports being a victim of identity theft, or if the IRS identifies a taxpayer as being a victim, he or she will be issued an IP PIN, a unique six-digit number to be used in filing a tax return. Each year, the IRS will send a letter with a new IP PIN.

8. Data Breaches. If you learn about a data breach that may have compromised your personal information, keep in mind that not every data breach results in identity theft. Furthermore, not every identity theft case involves taxes. Make sure you know what kind of information has been stolen, so that you can take the appropriate steps before contacting the IRS.

9. Report Suspicious Activity. If you suspect or know of an individual or business that is committing tax fraud, you can report it on the IRS.gov website.

10. IRS Options. Information about tax-related identity theft is available online at IRS.gov, which has a special section devoted to identity theft and a phone number available for victims to obtain assistance.

Obituaries

The Current will print obituaries free of charge upon notification by a member of the deceased's immediate family. Call 718-885-0760 or write to P.O. Box 6, City Island, NY 10464, including your telephone number.

Robert J. McPhillips

Robert J. McPhillips, a longtime resident of City Island, died on June 5, 2016, at the age of 91.

Bob was born on Aug. 19, 1924, to the late Patrick and Sophie (Ruppel) McPhillips. He worked as a mechanical engineer and was an Army veteran, having served in World War II.

On City Island, he was a trustee for Pilot Cove Senior Housing, a member of the City Island Civic Association and a lector and eucharistic minister for St. Mary, Star of the Sea Church. Bob was an avid sailor for over 45 years and enjoyed sailing on Long Island Sound in the Wednesday night races at the City Island Yacht Club with his friends Peter and Charlie. He also enjoyed sunset watching on the beach with his many friends and caring neighbors.

Bob was predeceased by his wife, Judith, who passed away on Sept. 11, 2015. He is survived by his four children: Kenneth McPhillips, Vivian Presedo, Alison Chilson and Janice McPhillips; his five grandchildren; and his sister, Eleanor Gudat, and 13 nieces and nephews and 10 great-nieces and nephews.

Eileen Hess

Longtime Island resident Eileen Hess passed away in her home on May 25, 2016, at the age of 92.

Eileen McGee was raised by her single mother during the Great Depression and learned from an early age never to say no to a challenge. She was considered the driving force in her family and bore the nickname Chief of Staff.

Eileen married Dr. Fred Hess, who passed away in December 2007 after a long, distinguished career as an astronomer. In their later years, Eileen and Fred became world travelers, setting foot on every continent, often in search of appropriate places to observe astronomical events.

She also loved to sew, garden and cook and was famous for her meatballs and orange juice soup.

In addition to her husband, Eileen was predeceased by her sister, Pat McGee Rice; she is survived by her son, three grandchildren, eight great-grandchildren, several nieces and nephews, as well as many friends.

Organization News

Continued from page 8

Thank you to the entire City Island Community for all of your support over the past 97 years.

John Muhlfeld

Sons of the American Legion Squadron #156

Dues are now due. They are \$30.

Our next meeting will be held on Thursday, Nov. 10, at 7:30 p.m.

New members are always welcome. If you are a male descendant, step-descendant or adopted descendant of a veteran set forth in the dates established by Congress, we would love to have you as a member. Stop by the Post to pick up an application. We will also need a copy of a DD-214 from your relative.

Our Oktoberfest was a great success. Thanks to Vic Anderson, Jim Livingston, Peter Zvara, Walter Natiw, Joe Scotti, Tom Vivolo, Gene and Mary Valesio, Mike Jawski, Peter Booth and everyone else who helped cook and put this great event together.

Bill Clancy Jr.'s campaign for state commander is moving forward. The election will be held next July.

It's party time! When booking your next party, consider the Legion Post. Members receive a discount rate on all hall rentals.

Fred Ramftl Jr.

Grace Episcopal Church

Grace Episcopal Church, located at 116 City Island Avenue on the corner of Pilot Street, a place of worship and fellowship, warmly welcomes you to the following:

Worship Schedule: Holy Communion Rite II, Sundays at 10 a.m. After the service, we offer coffee hour, a time for refreshments and fellowship. All are welcome.

Grace Church is happy to announce that Father John Covington will serve as our pastor starting January 2017. He will also provide office hours once a month. We will hold a welcome reception for Father Covington on Nov. 6



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at 11 a.m. during our coffee hour.

Sunday School

A new season of Amazing Grace's Sunday School has begun, but it's not too late to join our enthusiastic group of children. Led by Karen Nani, the students range in age from 2 to 12, and newcomers are welcome. No extra time is needed; students will begin the service with the entire congregation at 10 a.m. and then leave with Mrs. Nani for lessons and activities, including arts and crafts, for 30 to 40 minutes during the service. They will rejoin the congregation after the exchange of peace.

Grace Events

The Grace Tones, our musical ministry made up of members of the church choir and singers from the Island, perform at area nursing homes and rehabilitation centers. Our next show will be at Providence Rest on Dec. 17. If you'd like to join us, please call Sandy Dunn at 917-566-1296 or e-mail accentfix@gmail.com.

Hearts and Hands is a group of parishioners who knit and crochet comfort items (hats and blankets) for patients at Calvary Hospital. The group will meet on Monday, Nov. 21, at 6:30 p.m. in Grace Church Hall, and we invite other crafters to join us. For more information, please call Lori Swink at 914-523-7413.

Thanksgiving Eve Service will be guided by Father John Covington on Wednesday, Nov. 23, at 7 p.m.

Grace Church's annual Holiday Fair and Café will take place on Saturday, Dec. 10, from 10 a.m. to 3 p.m., 114 City Island Avenue at Pilot Street.

New for 2016: Preparations have begun for the return of Grace's Christmas Pageant, which is planned for Saturday, Dec. 24 (Christmas Eve), at 7:30 p.m. If your child would like to participate as an angel, shepherd, wise man, Mary, Joseph or narrator, please join us! All interested parents and children are welcome.

Please visit our website at www.gracecityisland.org.

Sandy Dunn



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Times and heights of high and low water (Daylight Saving Time)
 Heights in feet above soundings printed on charts of water adjacent to City Island. Times shown are nautical times. For times on the table beginning with 1300, subtract 1200 to get ordinary PM time (e.g., 1625 - 1200 = 4:25 P.M.). Times less than 1200 are A.M. times (e.g., 1154 = 11:54 A.M.).
 HH = hours; MM = minutes Tide chart by Tom Smith

NOVEMBER 2016									
DAY	TIME	HEIGHT	TIME	HEIGHT	TIME	HEIGHT	TIME	HEIGHT	DAY
	HH MM	FEET	HH MM	FEET	HH MM	FEET	HH MM	FEET	
01 Tue	0115	7.34	0652	0.71	1255	7.80	1930	0.27	Tue 01
02 Wed	0126	7.21	0710	0.76	1315	7.78	1943	0.36	Wed 02
03 Thu	0146	7.17	0743	0.82	1347	7.78	2015	0.45	Thu 03
04 Fri	0219	7.16	0824	0.93	1426	7.73	2055	0.56	Fri 04
05 Sat	0300	7.15	0909	1.06	1511	7.64	2140	0.68	Sat 05
All times are Eastern Standard Time beginning Sunday, November 6									
06 Sun	0247	7.15	0859	1.17	1500	7.51	2131	0.78	Sun 06
07 Mon	0339	7.17	0953	1.22	1555	7.38	2226	0.81	Mon 07
08 Tue	0435	7.27	1054	1.14	1656	7.30	2326	0.73	Tue 08
09 Wed	0536	7.47	1201	0.88	1800	7.32			Wed 09
10 Thu	0030	0.51	0639	7.79	1317	0.45	1907	7.47	Thu 10
11 Fri	0136	0.18	0740	8.17	1430	-0.12	2012	7.69	Fri 11
12 Sat	0238	-0.20	0837	8.56	1533	-0.69	2112	7.91	Sat 12
13 Sun	0336	-0.53	0931	8.87	1629	-1.15	2208	8.07	Sun 13
14 Mon	0430	-0.76	1022	9.04	1723	-1.42	2302	8.12	Mon 14
15 Tue	0523	-0.82	1114	9.04	1817	-1.48	2356	8.05	Tue 15
16 Wed	0617	-0.72	1206	8.86	1911	-1.33			Wed 16
17 Thu	0053	7.88	0714	-0.46	1302	8.52	2009	-1.02	Thu 17
18 Fri	0155	7.64	0818	-0.11	1404	8.07	2110	-0.62	Fri 18
19 Sat	0304	7.42	0927	0.24	1521	7.63	2212	-0.23	Sat 19
20 Sun	0414	7.29	1037	0.48	1639	7.32	2315	0.07	Sun 20
21 Mon	0520	7.29	1143	0.57	1748	7.18			Mon 21
22 Tue	0015	0.27	0621	7.39	1245	0.51	1849	7.16	Tue 22
23 Wed	0112	0.35	0717	7.56	1343	0.35	1945	7.21	Wed 23
24 Thu	0204	0.37	0809	7.73	1435	0.16	2036	7.28	Thu 24
25 Fri	0253	0.37	0857	7.85	1523	0.00	2123	7.33	Fri 25
26 Sat	0337	0.38	0941	7.92	1607	-0.11	2207	7.33	Sat 26
27 Sun	0417	0.43	1021	7.90	1648	-0.14	2248	7.29	Sun 27
28 Mon	0452	0.51	1056	7.83	1724	-0.11	2325	7.20	Mon 28
29 Tue	0517	0.61	1121	7.72	1754	-0.02	2354	7.10	Tue 29
30 Wed	0525	0.65	1127	7.68	1812	0.06			Wed 30
DECEMBER 2016									
01 Thu	0004	7.05	0546	0.62	1148	7.73	1824	0.07	Thu 01
02 Fri	0022	7.10	0621	0.59	1222	7.79	1854	0.07	Fri 02
03 Sat	0055	7.19	0702	0.60	1301	7.79	1933	0.09	Sat 03
04 Sun	0135	7.28	0746	0.63	1346	7.72	2016	0.14	Sun 04



**Look Up in the Sky—
It's Supermoon**

With a supermoon making the rounds this October, November and December, we thought it a good time to brush up on our moonspeak. Take supermoon, for example. When the moon is full and it is at or near its closest point to Earth—a point on the moon's elliptical path around Earth known as perigee—the extra-large and bright moon that we see is called a supermoon.

Scientists have the numbers to support a supermoon's status, too. At perigee, the moon is, in fact, 30,000 miles closer to Earth than at apogee, its furthest point from Earth. As for size and luminosity, scientists tell us that a supermoon appears about 14 percent bigger than an average full moon and 30 percent brighter. Noticing these differences as they occur, however, can be a challenge, but not so much for City Islanders. As City Islanders, we have the advantage of the tides to clue us in on the moon's super status.

Spring tides are extra high or low twice a month during the new and full moon phases. These extra high and low tides are especially pronounced when there is a supermoon. If you didn't have a chance to see the difference in the tides

that a supermoon can make in October, or if you didn't get the chance to at least try to compare a supermoon with an average full moon, you can try again in the middle of November. The supermoon that will be occurring this Nov. 14 is the "superest" since 1948. There will be one more supermoon in 2016 on Dec. 14, but astronomers tell us we will have to wait until Nov. 25, 2034, before another will occur like this November's. So mark your calendar.

Some of the other full moons that astronomers like to talk about are the Harvest and Hunter's moons. These are the full moons that occur closest to the first day of autumn, with the Harvest Moon being first and the Hunter's Moon coming after that. What makes both special is the head start both appear to get on the night sky. A typical moonrise is 50 minutes or so later than the moonrise of the night before. But for the Harvest and Hunter's Moons (and the moons several days before and after each), the difference is only about 30 minutes. This extra light, albeit moonlight, for farmers and hunters doing what they do best no doubt accounts for their interesting names.

Perhaps the most interesting name of all the full moons is the Black Moon. This is the moon that wasn't: a full moon that doesn't happen in a calendar month. By this definition (and there are others), a black moon can only occur in the month of February and every 20 years or so. The next one would be in 2033. A Blue Moon, on the other hand, is the second full moon that occurs in any given month. For this to happen, a first full moon would have to happen very early in the same month since it takes the moon about 29 days to orbit Earth. By this definition (and there are no others), the next Blue Moon will be occurring Jan. 31, 2018. Mark your e-calendars.

Edward D. Heben

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Anxious Parents, Anxious Kids: Five Ways to Cope with Anxiety in Times of Uncertainty and Civil Disagreement

By JOHN SCARDINA

This election season seems especially filled with anxiety. How can we remain calm and civil when the issues are so polarizing and the attacks so personal? Here are some tips that you can share with your children, to help us all find some serenity and sanctuary amidst the daily cycles of election news drama.

First, realize that some anxiousness is necessary: evolutionary biology tells us that our body needs to be put on alert to deal with a situation that might be dangerous. (There are no more saber-toothed tigers, but sometimes we react as if one is about to attack us!) For example, I want my child to be anxious about crossing City Island Avenue when there is a lot of traffic. That heightened state of awareness is a good tool for keeping safe and vigilant. Then, when we reach the other side, we can take a breath and resume our usual level of awareness.

Second, anxiety becomes a problem when everyday situations begin to be perceived as dangerous, thus creating a “fight or flight or freeze” response that doesn’t need to be engaged. Take time for yourself to sort out whether a situation—real or imagined or anticipated—warrants a sense of danger and hypervigilance, or just “keeping an eye” on things. Practice thinking through a potential difficulty until the end when your child feels anxious: “If I don’t know whom to sit with at lunch, I will feel some stress, but I can sit by myself and bring a book to read and see if anyone joins me. Next time I can plan ahead and invite a friend to sit with me at lunch.” Rarely do our worst fears become realities. As Mark Twain said, “I’ve had a lot of worries in my life, most of which have never happened.”

Third, maintain the important family activities that settle us down and relieve our stress and anxiousness: eat dinner as a family;

have family game nights; worship and play together; visit with relatives and friends. The simple relationship-based comforts that families and friends can provide are a powerful antidote to stress and anxiety.

Fourth, get physical exercise for yourself and with your children. Our bodies are primed to release “feel good” endorphins when we exercise, so take advantage of this simple way to relieve stress. We all have access to nature, and there is true healing available in watching a sunset, taking a walk to the beach and riding a bike through the woods.

Finally, maintain an attitude of gratitude for what you do have, be it health, family, a home, or a friend. Always focusing on what you are missing will leave you miserable, and it will be your own fault!

So, turn off the news, be with those you love, practice the gift of democracy as an informed citizen and voter and keep that anxiety in check.

John Scardina is a child development specialist, school psychologist, and parent educator. Check out his website at www.ThinkLaughLearn.com and join his parent support groups at the CI Community Center (usually the last Tuesday of the month).

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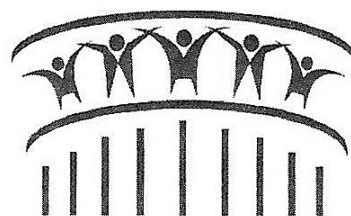
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Information for the Talebearer must be received in writing no later than the 15th of the month except July and December. Mail to The Island Current, P.O. Box 6, City Island, NY 10464; include your name and telephone number.



Edwin Cavinee IV

It's a boy! Welcome to the world: Robert Edwin Cavinee IV, born Sept. 26, 2016. Proud parents are Bobby and Theresa Cavinee, and thrilled big sister is Halley.

Congratulations to Century 21 Marciano's Louise Del Giudice on being selected for the Five Star Real Estate Agent Award. Louise has been a valued 10-year associate and the No. 1 Century 21 agent in Westchester for 2015.

Best wishes for a lifetime of happiness to Richard and Cáit O'Dwyer of City Island. The happy couple tied the knot on Oct. 7 at St. Mary, Star of the Sea; a reception followed at the Morris Yacht Club. Cáit's parents are David and Patricia Hennessy of Pilot Street, and Richard's parents are Joan O'Dwyer and the



Louise Del Giudice

late George Ralph of Tipperary, Ireland.

Birthday wishes to our son Joseph, with love from Mom and Dad Ribaud.

Family and friends celebrated a wonderful wedding day when Sam Casey and Nicole Glennon exchanged vows on Oct. 15 at Wind Watch Country Club in Hauppauge, NY. Sam is the son of Islanders David and Anne Casey, and Nicole is the daughter of Stephen and Mary Ellen Glennon of Coram, NY. The couple will honeymoon in Japan this winter.



Richard and Cait O'Dwyer



Nicole Glennon and Sam Casey

Happy sixth birthday wishes to our little girl Emma. Love you to the moon and back! Love always, Mom, Dad, Thomas and Grace.

Birthday greetings across the miles in Newport, RI, to Bobby Swieciki, who turns 29 on Nov. 12. Love from the Swieciki and Iovieno families.

Happy birthday on Nov. 4 to Richie Ferris with love from your family and friends.

Best wishes for a wonderful birthday on Nov. 15 to Pell Place's Rosette Dietz.

Birthday greetings to Nick Ruggiero who will celebrate on Nov. 21.

Many thanks for their service to all our veterans on Veteran's Day, Nov. 11, and every day.

And wishing a very blessed and happy Thanksgiving to all our neighbors and friends.

Maria Swieciki

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